

LEGACY LIFE

传承生活

2019 二月

MESSAGE FROM COO OF RETURN LEGACY

Your limitation-
It is only your imagination

CNY TIPS

Preps yourself
in this reunion season

LEGACY ASSOCIATION CARE

Let's grow together and
seek a better tomorrow

春节团圆
让爱传承

 RETURNLEGACY®

LEGACY LIFE

FEBRUARY 2019

RETURN LEGACY

- 1 Message from COO of Return Legacy

LEGACY HIGHLIGHT

- 3 Legacy Care Association (LCA) 2018 Event Review
- 7 《爱。家》Return Legacy CNY Open House 2019
- 9 Return Legacy Chinese New Year Short Film Behind The Scene

LEGACY BRAND

- 11 CNY Tips
- 15 NUREOX Protein Promix Oatmeal Chocolate Cookies
- 16 NUREOX Protein Promix Fruity Sorbet

LEGACY UPDATES

- 17 Weight Management Testimonial Collection Campaign
- 20 February Promotion
- 24 Schedule



RETURN LEGACY
2 Degree
REOX life



Return Legacy Malaysia



returnlegacymalaysia



Return Legacy



Return Legacy Malaysia



YOUR LIMITATION - IT IS ONLY YOUR IMAGINATION

“ All of us have moments when we imagine worst case scenarios the moment something goes wrong in our lives – at work, in relationships, with family and so on. Do you ever noticed that you go into spirals of made-up negative scenarios? And it is very rare that you would want to think up positive scenarios. Now that is fear taking control and limiting all possibilities by using your imagination. ”

TONY SAW
COO OF RETURN LAGACY



Let's imagine YOU are the one being in control. Then you can easily come from a place of well-being, calm, unlimited possibilities and courage. And that should be our natural state whenever we encounter anything in our life. I have been running my life based on that and it has become a strong benefactor in everything I do - from personal to professional aspects of my life.

There are simple techniques which you can adopt in your everyday life. We all need to start small somewhere and make little adjustments to our day because that is the only way to train our sub-conscious minds to break limits or barriers. I will share with you 3 simple ways so you can use your imagination for good and not to limit yourself.

1

GET OUT OF AUTO - PILOT MODE

Your sub-conscious mind is inherently programmed by your cognitive activities and that also means the thoughts you have in your mind. So to retrain your sub-conscious mind, get into the habit of breaking routine habits. Yes, it is not easy, but it takes a whole amount of awareness. Take it one moment at a time. It can be as simple as brushing your teeth with your left hand (if you're a right hander). Add these small adjustments to your daily routine and you will be surprised how your mind will react to your little switches of routines. That is the first step to retrain your mind.

2

HAVE CREATIVE VISUALISATION MOMENTS IN YOUR DAY

Now when you are already at good retraining your mind, you can slowly visualise positive moments in your day. Visualisation is what Olympic athletes do whenever they are training or competing. There is a scientific research to this that when you visualise how you perform in your day, for example talking at a presentation, your current physical and mental state rewires itself to that moment. So you are actually imagining that you are having a great presentation and your body and mind are responding to it. Do this enough times and it is like your imagination is breaking your barriers for you.

3

MAKE POSITIVE AND CREATIVE AFFIRMATIONS

Last but not least, whatever you say or think, your sub-conscious mind is actually listening. So begin by saying positive affirmations to yourself. Have positive self-talk before you embark on any tasks. Tell yourself that you can do it, it is easy and so on. And make sure to only include positive words. Avoid words like NOT, NEVER, etc. Instead of saying it's not hard, say it's easy. And when you are saying it, also imagine the positive outcome in your mind.

I do hope that you can fit the 3 techniques in your everyday life and constantly remind yourself that imagination can get you anywhere but only when you are in control of imagining the outcome. Come from unlimited potential, come from courage, come from strength.

I truly believe that you can improve your current reality and not be bound by circumstances made up in your mind. Remember, imagination can break barriers and work wonders. So use it to make your life wonderful.

LEGACY CARE ASSOCIATION (LCA)



Designed to facilitate information more efficiently, injecting care and warmth to society, ensuring it keeps pace with changing times, enhancing quality of life, and embark on a journey of personal success, Legacy Care Association (LCA) was established specifically for Legacians by Return Legacy. Through a comprehensive business platform, learning platform, consulting platform, and event planning, we unite the management of the company and all Legacians and leaders.

Here, Legacians grow and progress together, deepening their understanding and trust in each other. A year has passed in a blink of an eye, let us reminisce the bits and pieces that accompanied us in the past year with LCA, acknowledging the efforts poured in by each and every member of the association and together, seek a better tomorrow!



No	Dist. ID	Attendants
1	MY1079265	Low Pei Ling (Apple)
2	MY4638667	Chai Xiao Fen (I PERFECT TELECOMMUNICATION) Lai Siew Yieng (I PERFECT TELECOMMUNICATION)
3	MY8146016	Pang Hai Wei (Julia)
4	MY1068314	Goh Soo Szee (Susie)
5	MY3394159	Low Seok Jen
6	MY6104568	Lee Mei Lian (Janice)
7	MY2326573	Foo Wai Ki
8	MY4186727	Kok Yeen Mee
9	MY2583593	Kong Ang Yieng (AY LEGACY)
10	MY6163954	Ang Kian Ting & Tam Ai Peng (MAY TAM)

11	MY8630213	Ting No Hee (Nana)
12	MY4186712	Chan Chui Ling (Lulu)
13	MY2348985	Chai Pau Chin (Vivi)
14	MY2922457	Chan Li Chow (Richelle)
15	MY2461011	Chia Pei Yu (Belinda)
16	MY1716775	Choong Soo Yunn
17	MY6263460	Foh Cai Fen (Joyce)
18	MY4240686	Gan Siew Thin (Kerry)
19	MY2232457	Henna Law Sze Nien
20	MY1551225	Hew Lee Moi (Mavis)

No	Dist. ID	Attendants
21	MY1432071	Jee Pei Ching (Kimberly)
22	MY2016866	Kuan Soo Kit
23	MY6939873	Koid Lian Yao (Denley)(Luxury Image) Lam Hee Chow (Hinz)(Luxury Image)
24	MY6070606	Lai Ing Shiuan (Dinnie)
25	EM4024214	Lai Siew Lin
26	MY1708842	Lee Sheau Pei
27	MY8227075	Lieu Chiew Ming (Frederica)
28	MY1881012	Lim Shin Yee (Coshin)
29	MY1330194	Lim Yee Xue (Elise)
30	MY8319604	Linda Sim Chin Ting

31	MY9805505	Loh Chai Kooi (Ck Loh)
32	MY5277421	Loh Ing Ting (Miko)
33	MY1626564	Loh Ing Yien (Abby)
34	MY7618655	Low Gek Shen (Evon)
35	MY5733965	Teh Li Yee (Kitty)
36	MY1394901	Teng Ai Ling (Irene)
37	MY3668401	Wan Siow Yann (Aby Wan)
38	MY9301721	Yong Kit Yee (Jade)
39	MY4834478	Yong Kui Ngo (Grace)

2018 LCA CNY REUNION EVENT

Central
Region



Northern
Region



Southern
Region



Bintulu



Sibu



Legacy Care Association (LCA) 2018 Event Review

KwongWah Yit Poh Sharing Event



LCA Annual Dinner



Return Legacy main sponsorship movie "Lease of Life" Movie Premiere



MDDA(Malaysian Direct Distribution Association) Annual Dinner





16TH FEBRUARY 2019
RETURN LEGACY HQ



Legacians, mark your calendar! This is the time of the year where Return Legacy annual <爱。家> event is going to be held.

The event will feature lively Lion Dance, special door gifts, food stalls with huge variety of local delicacies and interesting games such as Movin' On Up, Separation Anxiety, Stick the Landing and Baby Rattle!

Also, exciting prizes awaits winners of the game too!

See you on 16th February 2019!



PROGRAM FLOW

Time	Activities
6:00pm	Event Start – Registration (Door gift and Game Card redemption)
6:30pm	Lion Dance Performance
7:00pm	Game Start
8:30pm	The Final Match – 1 st round
9:30pm	The Final Match – 2 nd round
10:00pm	Event End



FREE GIFT
1 x Luggage Tag

爱·循环

Sneak peek of Return Legacy Chinese New Year short film behind the scenes footage!

Scan the QR code below to watch full video!

Legacians, it is time to reunite with your family and loved ones, rejoice this festive season and spread love around!



Return Legacy Chinese New Year Short Film Behind The Scene



Scan the QR code to watch full video!

Chinese New Year TIPS



Chinese New Year is just around the corner, the festive atmosphere is notably felt in the air with each passing week. Chinese New Year songs are played repeatedly, shopfronts decorated with brightly lit lanterns, shopping malls are filled with New year goods and decorated with oceans of reds.



In welcoming one of the most anticipated celebrations, Return Legacy has prepared some Chinese New Year tips to ensure that you have a great and blessing this New Year.



TOP-TO-TOE CARE



As the saying goes - there are no ugly women in the world, just those who are lazy. During the festive season, smokes from prayer's incenses or fire crackers might have adverse effect on your skin. Hence, do not skip out on the skincare regime to ensure your skin is well-protected. Aside from taking care of your face, do not neglect other parts of your body too. Keep your hair shiny and smooth, your body well-moisturized and your nails well-nourished.



TAKE NOTE OF YOUR DIET



Ever notice that you always unknowingly put on at least 10 pounds during the festive season? To prevent that, avoid overeating. If you have an upset or bloating stomach after the feast, it's time for your body to detox!





ANG POWS (RED PACKETS) AND LUCKY MONEY



Giving Ang Pows during Chinese New Year is one of the many Chinese tradition. It signifies blessings and good luck to the receiver. In addition, the money in the red envelope is also called the lucky money. It is said to be able to ward off evil spirits, so that the receivers could stay healthy throughout the year. It is always best to prepare the Ang Pows beforehand, making it easier to deliver your blessings to others. Remember to be alert of the surroundings when you are carrying Angpows with you to avoid any unwanted incidents.



RED OR BRIGHT NEW CLOTHES



The new year is to send away the old and welcome the new. It is recommended to wear new outfit with red or bright colours during the festive season, avoiding the black. This is due to black colour symbolises bad luck and is the taboo colour in Chinese customs.





STAY HYDRATED AND REFRESH



Although it is windy during New Year, but in countries like Malaysia, the hot weather and fried snacks will increase the likelihood of being sick. Stay cool and refresh your body with calming restorative spray, while drink more water to stay hydrated.



AVOID ARGUMENT OR FIGHTING



Try not to quarrel or fight with your friends or relatives. All issues should be resolved peacefully to ensure that everything will go smoothly in this new year.



Lastly, Return Legacy would like to wish all Legacians and everyone a blessed and prosperous Chinese New Year, with another great year ahead!



Stay



this Chinese New Year
with simple and
nutritious desserts!



NUREOX Protein ProMix
Oatmeal Chocolate Cookies

INGREDIENT A:

- 2 cups instant oatmeal
- 25 grams NUREOX Protein ProMix

INGREDIENT B:

- ½ cup creamy peanut butter
- ½ cup unsweetened almond milk
- ¼ cup maple syrup or honey
- 2 table spoons cocoa powder
- 1/8 teaspoons salt

METHOD:

1. Combine and stir ingredient A until the Protein ProMix is over all the oatmeal.
2. Place ingredient B in a saucepan and cook over medium-low heat, stir often until cocoa powder is completely dissolved and thickened.
3. Pour the mixture of ingredient B over ingredient A and mix until all pieces of the oatmeal are covered.
4. After that, place it in the fridge for 10 minutes.
5. You may work chilled dough into round or desired shape and they are ready to be served. Store any leftover cookies in the fridge.

NUREOX Protein ProMix Fruity Sorbet

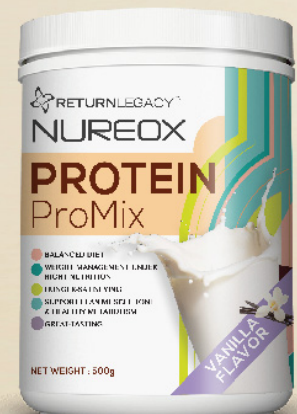


INGREDIENTS:

- ¼ small honey dew or any desired fruits
- 2 to 3 table spoons honey
- 2 table spoons natural yogurt
- 2 table spoons NUREOX Protein ProMix

METHOD:

1. Blend all the ingredients with a fruit mixer until it is thick, smooth consistency.
2. Transfer the mixture into ice moulds or a container.
3. Place it in the freezer and leave for 6 hours before it is ready to be served.



THE REVIEWS SAY IT ALL

Siek Soon Chai, 27 Years Old

I have tried different ways to lose weight, but did not achieved desired results. After consuming FIT 30 weight management package, my weight changed from 91 kg to 85 kg, I've shed off 6 kg in total, and throughout the journey I didn't exercise nor starving myself!

Chang Siaw Fui, 35 Years Old

I have tried taking diet pills, slimming tea and applying slimming cream previously. Unfortunately, these methods did not achieve the effect I wanted and I have given up eventually. Since I started to consume FIT30 package and following the healthy eating guidelines provided with appropriate exercises, everyone around me said that I am getting slimmer. I know that a healthy weight loss is about losing fat instead of muscle and body's water percentage. Don't just look at the figures on weighing scale, the key is your body figure. Now, I enjoy losing weight and like sports very much!

Chiang Leh Siek, 36 Years Old

I am very grateful that Return Legacy had introduced the FIT 30 package. By following healthy diet and consuming the products, my weight decreased gradually. People around me said I look thinner. The photos taken before and after consuming the products are the best evidence. I never thought I could be that slim!

Ho Man Yee, 34 Years Old

After being introduced by a friend, I started taking the products. From 57kg to 54kg, by just drinking Protein ProMix for breakfast every day, with 1 sachet of de'Cleanse and 2 sachets of Mediterranean Gold PLUS, without doing any exercise, I regained my prenatal body figure. I love FIT 30 weight management package!

Lai Kai Li, 38 Years Old

I've lost 4kg within 45 days and really happy to see my weight decreased gradually. I will keep it up to achieve my next target. Thanks to Return Legacy for launching such a thoughtful weight management package, which benefits the people who want to lose weight.

Lim Boon Kiat, 42 Years Old

Due to the weight issue, I have to buy new trousers every four months. Besides, my cholesterol level and body fat rate are too high, the arthritis symptoms started to show as well. I knew these products after being introduced by my wife and started to consume since then. The products are effective without having to starve myself. I started to notice that my weight has dropped significantly, by at least 25 kg. Clothes that I couldn't wear before are now too loose for me! Now I have greater confidence in RL products, and I am also recommending the products to my friends in order to be healthy and regaining confidence together.

Teh Li Yee, 37 Years Old

Every morning, I will have a cup of Protein ProMix and 1 sachet of de'Cleanse in the evening, plus 2 sachets of Mediterranean Gold PLUS every morning and night together with cycling as exercise, my weight has dropped from 63kg to 55kg! Without dieting, I've lost weight easily and naturally. I am so grateful to be able to get my hands on such great products, allowing me to eat healthily, while keeping my body figure thin and slim!

Melvinna Neo, 26 Years Old

I received an invitation to be a bridesmaid after 3 months, but I am wondering if I am able to lose weight within such a short period. It's a great timing that the company launched the FIT30 package, I started to consume the products together with exercising 3 times a week. On 10th December, I realised that I've lost 7 kg in total!

Ling Chiek Chen, 40 Years Old

Since the launching of slimming package, I've discovered that weight loss could be that relaxing and enjoying. I have been sceptical until witnessing my brother's testimonial, I decided to begin my FIT 30 journey. During the slimming period, I still enjoy my favourite food as usual, while combining with the scientific diet recommended by nutritionist, I lose weight with ease. To me, this experience is unprecedented. Within 2 months, my weight changed from 80kg to 75kg!

Weight Management Testimonial Collection Campaign

Han Siew Ling, 35 Years Old

By following the recipe from company's nutritionists, I've consumed the products diligently together with exercise. In just 3 months, my weight reduced from 66kg to 62kg. It's been a long time since I am able to achieve this weight, I am so happy! I will continue to work hard in order to obtain a much healthier body weight. Really love the company's FIT 30 package!

Kong Suk Teng, 33 Years Old

Since the company launched this FIT 30 package, I decided to give it a try. In the beginning of October 2018, I followed the guidelines to consume the products with some exercises occasionally, my body fat reduced significantly! And my skin is still firm and tight after slimming down! Thanks to the company for having such a good weight management package, allowing females like me who wanted to be slim enjoyed the slimming process!

Lee Hui Ching, 30 Years Old

I have always wanted to slim down. As long as others said that the methods are effective, I will try them, but none of them work on me. Since taking these 3 products, and following the nutritionist's healthy diet, I don't need to go hungry, but enjoy my favourite food as usual, my weight has dropped significantly. I am really happy about that! The FIT30 package is amazing!

Chan Chui Ling, 44 Years Old

I didn't like to take full body photo of myself previously, even if I had to, I will slant my body, hoping that I could look thinner. But when I was finding my full body photo taken few months ago just now, I found out that I look different after comparing with the photos taken recently. I lost 15kg in 3 months. I like it and I am proud to say that my hard work is rewarding. Although there is still some distance from my ultimate goal, I believe that through consuming products and exercising, I will be able to wear beautiful clothes and take beautiful photos during this coming Chinese New Year!

Lim Woon Chin, 34 Years Old

In just 3 weeks, I lost 4.4kg and my body fat dropped from 27.4% to 25.2%! Thanks to the company's FIT30 products and scientific weight management concept, keeping everyone happy and slim.

Wong Pei Sze, 34 Years Old

The journey of FIT 30 has entered into the third month. I lost a total of 10.2kg. It's really fun! After consuming the FIT 30 package, the slimming effect is very obvious without being hungry in the process. The only requirement is to adopt a healthy diet. I believe that my BMI will be on healthy level in the near future with an ideal weight!

Wee Si Mei, 37 Years Old

After attending the FIT 30 event, I began to take the products while developing the right way of eating, because I am striving to slim down before Chinese New Year. I jog and gym every day, drink a cup of Protein ProMix before breakfast and before dinner, with 1 to 2 sachets of de'Cleanse and 4 sachets of Mediterranean Gold PLUS. In less than 2 weeks, I lost 3.3kg! It is a pleasant surprise to me. Thanks to RL for launching such great products, so that whoever wanted to have a thinner figure could enjoy losing weight without being hungry.

Chong Chee Ting, 30 岁

My weight and body fat had reduced, stretch marks were obviously lighten and my stomach became firmer but my muscle mass increased. I feel that my body has become much firmer and lighter.

Ong Siew Teng, 31 Years Old

Just started FIT 30 challenge for 3 days and I have lost 1.5kg, waist size was 4cm smaller and hips had been reduced by 1 cm. After putting on the same outfit for comparison, my tummy is smaller and the clothes are not so tight as previously, it is amazing!

Law Choon Heong, 39 Years Old

At first, I was only going to give Return Legacy weight management package a try. To my surprise, I managed to get rid of my tummy in one month and slim down from 78.1kg to 74.8kg!

Weight Management Testimonial Collection Campaign

Tan Xiao Yan , 30 Years Old

RL's weight management package does not only help me lose weight, but also regain my health. For 2 months, I managed to slim down from 70kg to 67kg. I will continue my slimming journey!

Lau Sit Min , 32 Years Old

With the weight management products and occasionally exercising, my weight dropped 2.5kg in a week easily. Now, my jeans have loosened and my belly becomes firmer.

Adeline Voon , 36 Years Old

I followed the recipes provided by RL's nutritionist without starving myself and I even got to eat my favourite food for lunch. I lost weight easily from 87kg to 82kg, a total of 5kg in 2 months.

Tee Yen Fang , 43 Years Old

Since I started this Fit 30 weight management program on 20th October 2018, I successfully lose weight in just 2 weeks, which is from 93.5kg to 86.8kg!

Law Siu Moi , 51 Years Old

With the guidance of RL's nutritionist, I managed to lose 4kg!

Lee Che Liang , 23 Years Old

After consuming RL weight management package, I lost 8kg in only one month! My waist and hip sizes have reduced a lot and I received many compliments about my weight lost! This made me very happy!

Chua Meei Suey , 38 Years Old

I consumed the weight management products for 20 plus days and my weight reduced from 78kg to 75kg. Now, I look better in pictures and do not have to hide behind my husband during photo session anymore.

Khoo Li Moi , 36 Years Old

I ate accordingly following the recipes given by RL's nutritionist without doing any exercise. I easily lost 6kg in a month and gained more confident after slimming down.

Loo Foong Chien , 35 Years Old

After giving birth to my second child, I came across RL's weight management campaign and losing weight became very easy for me. Without exercising, I lost weight from 70kg to 60kg, a total of 10kg in 2.5 months.

Gabriel Wong , 24 Years Old

I adopted RL weight management package in my daily lifestyles without exercising, dieting and ate regularly. In 2 months, I managed to lost 3.2kg.

Kok Yeen Mee , 32 Years Old

In the first month, my weight reduced from 69kg to 64kg. I decided to try harder and successfully lost another 3kg in the second month, weighing 61kg! I am very thankful for this weight management campaign!

Koh Hui Shan, 29 Years Old

With Return Legacy 's Fit 30 package, I could still enjoy my favourite food and without exercising, I still managed to lose 4kg in just a month time!

Chong Lee Peng , 34 Years Old

After consuming this weight management package for one month, I managed to reduce my weight from 72kg to 67kg, a total of 5kg.

Tan Chia Yee , 30 Years Old

After coming across this weight management program, I never realised slimming down can be so easy. With the span of 23 days, my weight is easily reduced from 59.8kg to 55.2kg, a total of 4.6kg!

Chong Choi Yoke , 38 Years Old

Without doing any exercise, I lost 4kg in one month and my weight is reduced from 85kg to 79kg.

Ratha , 29 Years Old

By following the method and diet of FIT 30, without doing any exercise, I've shed off 5.9kg easily within a month! My previous weight was 71.8kg and now I'm 65.9kg, I will definitely keep it up!

Ferlymm Ho , 30 Years Old

I've started consuming FIT 30 weight management package one month after my confinement. 2 weeks later, I put on the same outfit and took a comparison photo of me with the same angle. I found that my tummy and waist became smaller.

Promotion



CREATION PLAN

FIT30

GET HEALTHY



1st February 2019 @ 12PM (MYT) – 28th February 2018 @ 11.59PM (MYT)

PREMIUM PACKAGE



12 X MEDITERRANEAN GOLD PLUS,
6 X DE'CLEANSE, 9 X PROTEIN PROMIX

RM3800_(WM) • RM3992_(EM) • 438_{WP}

FREE

1 X MEDITERRANEAN GOLD PLUS
+ 1 X DE'CLEANSE
+ 1 X PROTEIN PROMIX



*Applicable to New Premium Package (PRO928), Elite upgrade to Premium before 60days (PRO929) & after 60days (PRO930) and P-Wallet Package (PRO931).

*Terms and Conditions apply.

*Each purchase of Fit 30 package is entitled to participate in Fit 30 challenge 2.0.

*For more Fit 30 package and challenge information, please refer to our promotion details.

***While Stocks Last.**

Promotion



Chinese New Year Promotion

1st February 2019 @ 12PM(MYT) - 28th February 2019 @ 11.59PM(MYT)

L-WALLET RED PACKET

CREATION PLAN

DIRECT SPONSOR OF 500WP
(ACCUMULATIVE IN ONE (1) PROMOTION MONTH)

FREE
L-WALLET

68

LEGACY POINTS

*Terms & Conditions apply. *For further information, please refer to our promotion details.
*For malaysia distributors only.

Promotion



LEGACY PLAN

1ST FEB 2019 - 28TH FEB 2019

(12:00noon, MYT)

(11:59pm, MYT)

Packed with natural blend of ancient grains, NUREOX Grain fits perfectly in your on-the-go lifestyle while providing you essential nutrients in just a single cup.



FREE



3x

Grain (750g)



2x

Grain (15sachets)

RM258(WM) RM279(EM) | 30WP

*Terms & Conditions apply. *For further information, please refer to our promotion details.

*For Malaysia distributors only. ***While Stocks Last.**

Promotion



REOXlife PRO

Mandiva

Mini 7

LEGACY PLAN

Mandiva, a health supplement specially formulated for men's health concerns which helps to improve related diseases caused by androgen imbalance, regulate androgen secretion, and balance up the level of male's hormones in the body.

A convenient and easy carry starter pack for all distributors of Return Legacy.

Available
Now!



*Each distributor is allowed to purchase one set per month only.

2 x Mandiva
Mini 7

RM98(WM) RM106(EM)
5WP

*Each distributor is allowed to purchase one set (3 boxes) one per month only. *Terms & Conditions apply.

*For further information, please refer to our promotion details. *For Malaysia distributors only. ***While Stocks Last.**

SCHEDULE



2019 JANUARY

Meetings to be held at Return Legacy HQ

Date	Event	Time	Speaker	Contact PIC
16/02/2019	爱。家	6pm - 9pm	N/A	RL Customer Service 603-61446399
21/02/2019	解锁健康密码 (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian & Mr. Ben Chee	RL Customer Service 603-61446399
28/02/2019	健康小厨房 (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	RL Customer Service 603-61446399

Schedule

SCHEDULE



Meetings to be held at hotels / centre

Date	Area	Venue	Event & Time	Speaker	Contact PIC
17/02/2019	Selangor	Royale Chulan Damansara (Royale Ballroom - Level 2)	胜利在握 赢在未来 (BC) 12pm - 6pm	Mr. Albert Ling	RL Customer Service 603-61446399
21/02/2019	Kota Kinabalu	Luyang WongKwok Restaurant	爱。团圆 6.30pm - 9.30pm	N/A	Ms. Richelle Chan 6016-8568633

The participant is required a ticket as below: -

i. **RM 30** per pax to participate in 胜利在握 赢在未来(BC).



Scan the QR code below
for more information
about Return Legacy's
latest event in February.



QRSCAN



RETURN LEGACY SDN BHD (1080589-X) (AJL932074)

BLOCK K-3-1 & 3, PUSAT PERDAGANGAN KOTA DAMANSARA

NO 12 JALAN PJU 5/1 KOTA DAMANSARA 47810 PETALING JAYA SELANGOR

☎ 03-6144 6399

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🌐 www.returnlegacy.com

📘 (Malaysia) www.facebook.com/returnlegacy26

📌 (Malaysia) www.t.me/returnlegacymy

LEGACY LIFE

传承生活

2019 二月

传承国际
营运总监致词

思维决定格局

农历新年贴士

以最好的姿态迎接新年

传心社2018回顾

共同展望美好的明天

春节团圆
让爱传承



RETURNLEGACY®



LEGACY LIFE

FEBRUARY 2019

传承国际

1 传承国际营运总监致词

传承亮点

3 传心社2018年活动回顾

7 传承国际《爱。家》
新春团拜2019

9 传承国际《爱。循环》
贺岁微电影幕后花絮

传承品牌

11 农历新年贴士

15 NUREOX Protein Promix
燕麦巧克力曲奇

16 NUREOX Protein Promix
水果冰沙

传承资讯站

17 体重管理见证甄选活动

20 本月促销

24 本月活动



RETURN LEGACY
2 Degree
REOX life



Return Legacy Malaysia



returnlegacymalaysia



Return Legacy



Return Legacy Malaysia



思维 决定格局

“当每个人遇到问题时——不管是工作还是人际或是家庭关系，我们都会去想象最糟糕的情况。您可知道这样的举动其实让自己陷入了自编自导自演的消极场景的漩涡中？遇到难题时我们很少会想到积极、能鼓舞自己的情景。其实，这是恐惧在通过我们的想象力控制并限制我们人生中所有的可能性。”

TONY SAW

传承国际营运总监



让我们想象自己才是那个掌控一切的人，这样我们就可以时刻处于一个幸福、平静、轻松、拥有无限可能和勇气的状态。这也应该是我们在生活中遇到任何事情时的自然状态。一直以来，我都以此为基础来经营我的生活，它已经成为我生命中乃至生活中所做的每一件事的一个强大助力。

我们可以先从日常生活中的小事做起，每天做一些小小的调整，因为这是训练我们潜意识思维并打破限制和障碍的唯一方法。我将与您分享3个简单实用的方法，这样您就可以运用您的想象力去做好每件事，而不是处处限制自己。

1 退出自动 驾驶模式

您的潜意识本质上是由您的认知活动控制的，所以要重新训练您的潜意识，养成打破常规的习惯。没错，这一点并不容易，而且还需要大量的意识。每次只专注做一件事。它可以像用左手刷牙一样简单（如果您是右撇子的话）。把这些小调整添加到您的日常生活中，您会惊奇地发现您的大脑是如何对日常生活的小变化做出反应的。这是重新训练思维的第一步。

2 锻炼视觉化 的能力

当您已经训练自己的大脑一段时间，您可以慢慢地想象自己一天中积极、美好的时刻。可视化是奥运会运动员在训练或比赛时所做的事情。有科学研究表明，当您想象自己在一天中的表现，比如在演讲时，您当前的身体和精神状态会自动调整到那个时刻。所以实际上，您是在想象您正在做一个很棒的演讲，您的身体和大脑都在对它做出反应。当您这样做的次数越多，您的想象力就会为您冲破层层障碍。

3 自我积极、 创造性的肯定

最后，无论您在说什么、在想什么，您的潜意识其实一直都在倾听。所以要对自己说些积极、肯定的话语。在开始任何任务之前，都要有积极的自我对话。告诉自己，我能做到、这件事非常容易，等等。确保您用的都是积极、正面的词汇，避免使用“不”、“从不”等字眼。不要说“不困难”，而要说“容易”。当您说的时，也要在脑海中想象正面的结果。

我希望您能在日常生活中运用这三种方法，不断提醒自己，只有当您能控制对结果的想象时，您才能拥有无限的潜力、勇气和力量。

我打从心底相信，每个人都有能力改善自己现实中的处境，而不是被自己的想象所束缚。一定要记住，想象力可以打破障碍，甚至创造奇迹。快动用您的想象力让您的生活变得更美好吧！

传心社

LEGACY CARE
ASSOCIATION (LCA)



为了给传承家人传递更快、更多的资讯、给社会传递更多关怀与温暖、与时俱进、优化生活品质及开启个人成功之旅，传承国际特别为传承人成立了传心社Legacy Care Association (LCA)。透过业务平台、学习平台、咨询平台、活动策划等综合体验把公司领导层以及每位伙伴的心都紧紧凝聚在一起。

在这里，传承人共同成长、共同进步，更在欢声笑语中加深了对彼此的了解和信任。弹指一挥间一年过去了，让我们一起回顾过去一年传心社陪伴我们走过的点点滴滴，肯定每位成员的用心付出，并且共同展望美好的明天！



No	Dist. ID	Attendants
1	MY1079265	Low Pei Ling (Apple)
2	MY4638667	Chai Xiao Fen (I PERFECT TELECOMMUNICATION) Lai Siew Yieng (I PERFECT TELECOMMUNICATION)
3	MY8146016	Pang Hai Wei (Julia)
4	MY1068314	Goh Soo Szee (Susie)
5	MY3394159	Low Seok Jen
6	MY6104568	Lee Mei Lian (Janice)
7	MY2326573	Foo Wai Ki
8	MY4186727	Kok Yeen Mee
9	MY2583593	Kong Ang Yieng (AY LEGACY)
10	MY6163954	Ang Kian Ting & Tam Ai Peng (MAY TAM)

11	MY8630213	Ting No Hee (Nana)
12	MY4186712	Chan Chui Ling (Lulu)
13	MY2348985	Chai Pau Chin (Vivi)
14	MY2922457	Chan Li Chow (Richelle)
15	MY2461011	Chia Pei Yu (Belinda)
16	MY1716775	Choong Soo Yunn
17	MY6263460	Foh Cai Fen (Joyce)
18	MY4240686	Gan Siew Thin (Kerry)
19	MY2232457	Henna Law Sze Nien
20	MY1551225	Hew Lee Moi (Mavis)

No	Dist. ID	Attendants
21	MY1432071	Jee Pei Ching (Kimberly)
22	MY2016866	Kuan Soo Kit
23	MY6939873	Koid Lian Yao (Denley)(Luxury Image) Lam Hee Chow (Hinz)(Luxury Image)
24	MY6070606	Lai Ing Shiuan (Dinnie)
25	EM4024214	Lai Siew Lin
26	MY1708842	Lee Sheau Pei
27	MY8227075	Lieu Chiew Ming (Frederica)
28	MY1881012	Lim Shin Yee (Coshin)
29	MY1330194	Lim Yee Xue (Elise)
30	MY8319604	Linda Sim Chin Ting

31	MY9805505	Loh Chai Kooi (Ck Loh)
32	MY5277421	Loh Ing Ting (Miko)
33	MY1626564	Loh Ing Yien (Abby)
34	MY7618655	Low Gek Shen (Evon)
35	MY5733965	Teh Li Yee (Kitty)
36	MY1394901	Teng Ai Ling (Irene)
37	MY3668401	Wan Siow Yann (Aby Wan)
38	MY9301721	Yong Kit Yee (Jade)
39	MY4834478	Yong Kui Ngo (Grace)

2018 传心社爱团圆活动

中马



北马



南马



民都鲁



诗巫



光华日报精彩女人，精彩人生分享会



传心社年度聚餐



传承国际荣誉赞助
电影“种生基”首映礼



MDDA(Malaysian Direct Distribution Association) 年度晚宴





16TH FEBRUARY 2019
RETURN LEGACY HQ



传承国际一年一度《爱。家》新春团拜活动
将会有许多精彩节目和游戏，包括：舞狮表演、赠品、
各种本地美食摊位、蒸蒸日上、五谷丰登、
突然发财和事事顺心，还有很多奖品等着游戏赢家哦！
传承人们，记得锁定2月16日！



节目表

时间	活动
6:00pm	节目正式开始 - 登记开始 (领取小赠品以及游戏卡)
6:30pm	舞狮表演
7:00pm	游戏摊位开始
8:30pm	终极赛 - 第一回合
9:30pm	终极赛 - 第二回合
10:00pm	结束



爱·循环

为您揭秘传承国际贺岁微电影的幕后花絮，

扫描以下QR码链接观赏视频吧！

传承人们，把爱带回家，用点点暖意感染
身边的人，让爱永续传承。



传承国际《爱。循环》贺岁微电影幕后花絮



扫描QR码观看全视频!

农历新年 贴士



一转眼，农历新年就要到了。随着新年的脚步越来越近，街巷的年味也越来越浓，比如说电台开始播放一首又一首的新年歌曲、商家们开始在自己的店铺挂灯笼贴对联、商场更不乏各式年货的促销。



为此，传承国际特别为家人们准备了农历新年贴士，
以确保您在新年期间过得舒心愉快。



1 皮肤管理



世上只有懒女人，没有丑女人。过年期间不管是祭拜神明或祖先还是放鞭炮，难免会让肌肤接触一层灰，因此保养工序不可省略，一定要好好护肤！除了脸蛋，您也要保养其他身体部分，确保头发柔顺不分岔、身体肌肤柔滑不干燥，从头到脚美到冒泡才行。



2 饮食管理



每逢佳节就胖10斤？那过年期间一定要避免暴饮暴食。如果觉得吃得太多导致腹胀，不妨适当地为自己的身体排毒吧！





红包和压岁钱



过年期间派红包是华人习俗之一，其意义是把祝福和好运带给对方。此外，红包里的钱也称为压岁钱，据说可以压住邪祟，让得到的晚辈可平安度过一岁。在过年前可先把红包准备好，让所有晚辈都可得到祝福。如有随身携带红包，记得注意自身安全，避免发生不如意的事。



红或亮色新衣



在佳节期间穿新衣建议选择应景的亮色或红色服装，避开黑色，因为黑色是华人传统习俗里忌讳的颜色，象征不吉利。





保持水份和清爽



虽说新年期间会吹春风，可是在长年如夏的大马，炎热的天气加上煎炸的小吃会更易导致生病。可随身携带有助于降低体温和恢复清爽的喷雾以及多喝水，为身体保持水份。



避免争执



与亲朋戚友间尽量不要发生争执，所有问题都应该和平解决，以确保在新的一年里能事事顺心。



最后，传承国际祝福家人们猪事顺利、心想事成、家庭和气、人人安康，欢乐过个幸福年！



简易、营养甜点，
让您享**瘦**过新年！

NUREOX Protein ProMix
燕麦巧克力曲奇

材料A：

- 2杯即食燕麦片

材料 B：

- ½ 杯花生酱
- ½ 杯无糖杏仁奶
- ¼ 杯枫糖或蜂蜜
- 2汤匙可可粉
- 1/8 茶匙盐

作法：

1. 将材料A混合并搅拌至Protein ProMix完全覆盖燕麦片。
2. 把材料B放入平底锅中，用中低火加热，持续搅拌至可可粉与其他材料融合及变稠。
3. 于装有材料A的碗里倒入变稠的材料 B，混合并覆盖所有燕麦片。
4. 然后，放入冰箱冷却10分钟。
5. 取出后，将冷却的面团制成圆形或喜爱的形状，即可享用。如有任何剩余的曲奇需存放在冰箱里。

NUREOX Protein ProMix
水果冰沙



材料：

- ¼小蜜瓜或任何喜爱的水果
- 2至3汤匙蜂蜜
- 2汤匙天然酸奶
- 2汤匙
NUREOX
Protein ProMix

作法：

1. 将所有材料倒入水果搅拌机，搅拌至浓稠顺滑。
2. 把搅拌好的材料转移到制冰膜具或容器中。
3. 然后，置放于冰箱冷藏格6小时后，即可享用。



誉不绝口

Siek Soon Chai, 27 岁

我尝试过不同的方式减肥，可是都没有达到理想的效果。服用了Fit 30 体重管理配套后，体重从 91 kg 变成85 kg，瘦了 6 kg，而且过程我几乎都没运动，也没挨饿！

Chang Siaw Fui, 35 岁

我曾经试过服用减肥药和减肥茶、涂减肥膏，可惜这些方法没能达到我想要的效果，最后无法坚持放弃了。可自从我服用 FIT30配套配合食谱以及适量的运动，身边的人都说我身型消瘦变小了。我知道真正的减肥是要减掉脂肪，而不是肌肉和水份，不要只看体重，关键是体态。现在的我很享瘦也很喜欢运动！

Chiang Leh Siek, 36 岁

我很感激传承国际推出了FIT30 配套。跟着健康的食谱和服用产品，我的体重逐渐下降。身边的人都说我瘦了。服用产品之前和之后的照片是最好的证明。我从没想过可以变得那么瘦！

Ho Man Yee, 34 岁

经朋友介绍，我开始服用产品。从 57kg到现在54kg，我没有做任何运动，只是每天喝 Protein ProMix当早餐，然后1包de' Cleanse和2包 Mediterranean Gold Plus就让我恢复了产前的身材。我超爱FIT 30 体重管理配套！

Lai Kai Li, 38 岁

我在45天内减掉了4kg，真的很开心看到体重渐渐下降，我会继续努力往下一个目标前进。感谢传承国际推出了这么贴心的体重管理配套造福了想要瘦身的人群。

Lim Boon Kiat, 42 岁

由于体重的关系导致我的西裤平均每四个月需要购买新的。此外，我的胆固醇指数和体脂肪率过高，也开始出现关节炎症状。后来通过太太认识并开始服用Fit30 配套，不挨饿却效果极好。我开始发现体重明显得到改善，下降了至少25 kg 左右，以前不能穿的衣服现在还嫌大号呢！现在我对RL 产品有极大信心，也努力介绍更多的朋友一起得到健康和找回信心。

Teh Li Yee, 37 岁

我每天早上喝一杯Protein ProMix，晚上一包de' Cleanse，加上 每天早晚2包Mediterranean Gold PLUS配合骑脚车运动，不知不觉我的体重从 63kg下降到55kg！在没有戒口之下，轻松自然减轻体重。真的感恩遇到那么棒的产品，让我吃得健康，瘦出好身材！

Melvinna Neo, 26 岁

因为在3个月后要当伴娘，觉得时间紧迫，不知道是否来得及减肥。正好公司推出了FIT30 配套，我每个礼拜定期运动3次加上服用产品，在12月10号测量体重时，发现减掉了7公斤！

Ling Chiek Chen, 40 岁

自从公司推出瘦身配套，我才发现原来减重也可以是一件轻松又快乐的事。之前一直抱着怀疑的态度，在看到了弟弟的见证后，我下定决心，也搭上了‘开心享瘦’的列车。在这期间，我午餐还是照常吃喜爱的食物，再搭配营养师建议的科学饮食方式，轻轻松松地减重。这是我前所未有的经验。花了2个月的时间，我的体重从80kg变成75kg！

体重管理见证甄选活动

Han Siew Ling, 35 岁

我跟着公司营养师的食谱，用心服用产品，再配合运动，短短三个月时间，我的体重从66kg下到62kg。我已经好久没有达到这个体重，真的太开心了！我还会继续努力，让自己拥有更健康的体重。真的太爱公司的 Fit 30 配套！

Kong Suk Teng, 33 岁

当公司推出FIT 30配套时，我就抱着“试试看”的心态来服用。2018年10月开始，我跟着食谱去服用产品，再加上偶尔的运动，我的脂肪减少了很多！而且瘦下来后的皮肤是有弹性的，不会松松的！感谢公司有那么好的体重管理配套，给我这些爱美爱健康的女性可以开心享瘦！

Lee Hui Ching, 30 岁

我一直以来都想瘦下来，以前试了很多减肥方式，只要别人说可以瘦的方法，我通通都试过，可是都没有用。自从服用了这3个产品后，跟着营养师的健康餐单，不需要挨饿，还是吃自己喜欢的食物，体重明显下降了。真的是太开心了！FIT30 配套真的太棒了！

Chan Chui Ling, 44 岁

以前我很不喜欢拍全身照，即使要拍也要斜斜站，希望拍出来的效果会比较瘦。但刚刚在相册里找回几个月前拍的全身照，和最近的图片做对比，发现是真的有差别！我在3个月内瘦了15kg，我喜欢也很骄傲地说我的付出是有回报。虽然离自己的目标还有一段距离，但我相信通过产品和运动，我一定可以在过年时穿美美的衣服、拍美美的照片！

Lim Woon Chin, 34 岁

短短3个星期内我瘦了4.4kg，体脂肪也从27.4 % 下降至 25.2 %！感恩公司的FIT30产品和科学体重管理概念让所有人都瘦得开心、瘦得健康。

Wong Pei Sze, 34 岁

开心享瘦的旅程已经步入了第3个月，我前后一共减了10.2kg，真的好开心！实施三宝计划后，瘦下来的效果是很明显的，过程中也不需要挨饿，只需要采取正确的饮食方式。体重不知不觉地就75.2kg掉到了65kg。相信不久以后我的BMI就可以回到正常指数，还我标准体重，想到都开心！

Wee Si Mei, 37 岁

参加了公司的开心享瘦活动后，我开始认真服用产品并养成正确的饮食方式，因为想争取在新年前瘦下来美美地过年。我每天都跑步和健身，早餐前和晚餐前喝一杯Protein ProMix，搭配1至2包de' Cleanse和4包Mediterranean Gold Plus。不到2个星期的时间，我就甩掉了3.3KG！这对我来说真的是一个很惊喜的收获。感谢RL推出这么棒的产品，让想瘦身的人不用挨饿也能享瘦。

Chong Chee Ting, 30 岁

我的体重，体脂肪也下降了，妊娠纹明显淡化，肚子也变得比较紧实了，但是肌肉质量却上升，感觉自己紧实和轻盈了许多。

Ong Siew Teng, 31 岁

我开始FIT 30 挑战的第三天，就减掉1.5kg，腰围小了4cm，而臀围小了1cm。我穿回同样的衣服对比，肚子真的明显小许多，衣服也没那么紧，真是太神奇了！

Law Choon Heong, 39 岁

我当初是抱着试用的心情服用产品瘦身。没想到1个月的时间就成功减掉了我的大肚腩，体重从78.1kg掉到了74.8kg！

体重管理见证甄选活动

Tan Xiao Yan, 30 岁

RL的瘦身三宝除了可以成功瘦身，还帮我找回健康。目前我已经享瘦2个月了，体重从70kg 下到67kg，我还会继续享瘦的！

Lau Sit Min, 32 岁

配合体重管理系列的产品，偶尔做一些运动，我的体重在1个星期多轻松地降了2.5kg。现在穿牛仔裤都会觉得裤头有点松了，肚腩没那么大了。

Adeline Voon, 36 岁

跟着营养师推荐的餐单，不需要节食，午餐还可以吃自己喜欢的食物，轻轻松松的在2个月内瘦了5kg，从87kg降至82kg。

Tee Yen Fang, 43 岁

我从10月20号开始Fit 30享瘦之后，大概2个星期左右就看到明显的瘦下来了，体重从93.5kg掉到了86.8kg！

Law Siu Moi, 51 岁

跟着营养师的指示和服用产品，我成功瘦了4kg！

Lee Che Liang, 23 岁

自从服用了RL的瘦身3宝，我仅仅在一个月的时间就瘦了8kg！我的腰和臀围都瘦了一大圈。现在很多人看到我都说我瘦了，真的很开心！

Chua Meei Suey, 38 岁

只是喝了二十多天的瘦身三宝，我的体重就由原本的78kg瘦到75kg。现在拍照比较好看了，不需要再躲在老公的身后。

Khoo Li Moi, 36 岁

只是跟着公司营养师的食谱，没做任何运动，1个月的时间我就轻松瘦了6kg，人也变得有自信了。

Loo Foong Chien, 35 岁

生完第二胎后，我遇见了RL，瘦身变得超轻松的。在没有做任何运动的情况下，2个月半的时间我轻轻松松瘦了10kg，从70kg变成60kg。

Gabriel Wong, 24 岁

没有特意做运动，也没有节食，每天三餐还是照吃，只是在日常生活中加入了瘦身3宝，我用2个月时间减了3.2kg。

Kok Yeen Mee, 32 岁

第一个月我从69kg变成64kg，第二个月我再再接再厉，又瘦了3kg，体重是61kg了！开心享瘦，感恩遇上你！

Koh Hui Shan, 29 岁

公司推出的Fit 30配套让我能继续吃喜爱的食物，几乎没运动，在一个月里瘦下了4kg！

Chong Lee Peng, 34 岁

吃了瘦身3宝短短1个月的时间，我成功瘦下了5kg，从原本的72kg，变成现在的67kg。

Tan Chia Yee, 30 岁

自从我遇到开心享瘦以后，我发现瘦身真的很简单很轻松。我只花了23天的时间，体重就从59.80kg到现在55.2kg，轻轻松松减掉了4.6kg！

Chong Choi Yoke, 38 岁

在没有运动的情况之下，一个月内我瘦了4kg，从85kg下降到79kg。

Ratha, 29 岁

跟着Fit 30配套的方法和食谱，没有做任何运动，用了1个月的时间轻松瘦了5.9kg！之前的体重是71.8kg，现在是65.9kg，我还会继续努力的！

Ferlymm Ho, 30 岁

坐完月子一个星期后我就开始服用FIT 30 体重管理配套。2个星期后，我穿上同样的衣服，以同样的角度拍了对比照，发现肚腩小了，腰部也有了线条，没那么虎背熊腰了。

本月促销



CREATION PLAN

FIT30

GET HEALTHY



01.02.2019 @ 12PM (MYT) – 28.02.2019 @ 11.59PM (MYT)

PREMIUM 配套



12 X MEDITERRANEAN GOLD PLUS,
6 X DE'CLEANSE, 9 X PROTEIN PROMIX

RM3800 (西马) • RM3992 (东马) • 438WP

免费

1 X MEDITERRANEAN GOLD PLUS
+ 1 X DE'CLEANSE
+ 1 X PROTEIN PROMIX



*适用配套包括新增Premium 配套(PR0928), Elite 提升至Premium 配套60天之前(PR0929) & 60天之后(PR0930)以及P-Wallet配套(PR0931)。

*须符合条规。*凡购买 FIT 30 配套将可参与FIT 30挑战2.0。
*欲知更多FIT 30 配套和挑战详情, 请参阅促销细节。
*直至存货售完为止。

本月促销



新春奖励

1st February 2019 @ 12PM(MYT) - 28th February 2019 @ 11.59PM(MYT)

L-WALLET 红包奖励

CREATION PLAN

直接保荐 500WP
(于一个奖金月结月)

免费
L-WALLET

68

LEGACY POINTS

*需符合条规。*欲知详情，请参考促销细节。*仅限马来西亚非经销商。

本月促销



LEGACY PLAN

1ST FEB 2019 - 28TH FEB 2019

(12:00noon, MYT)

(11:59pm, MYT)

NUREOX Grain营养饮料混合多种上古谷粮，一杯就助你补充一天所需的营养，完美迎合忙碌的现代人营养和能量的需求。



免费



RM258(WM) RM279(EM) | 30WP

*需符合条规。*欲知详情，请参考促销细节。

*仅限马来西亚经销商。*直至存货售完为止。

本月促销



REOXlife PRO

Mandiva

Mini 7

LEGACY PLAN

针对男性健康而设的保健品，主要帮助改善因雄性激素
失调引起的相关疾病、调节雄性激素分泌及
平衡体内的雄性激素水平。

一个适合所有经销商方便携带的试用装。

正式
发售！



*每位经销商仅限每月购买一套。

2 x Mandiva
Mini 7

RM98(WM) RM106(EM)
5WP

*需符合条规。 *欲知详情，请参考促销细节。 *仅限马来西亚经销商。

***直至存货售完为止。**

活动行程



2019 二月份

传承国际总部

日期	活动	时间	讲师	负责人
16/02/2019	爱。家	6pm - 9pm	N/A	RL Customer Service 603-61446399
21/02/2019	解锁健康密码 (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian & Mr. Ben Chee	RL Customer Service 603-61446399
28/02/2019	健康小厨房 (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	RL Customer Service 603-61446399

活动行程



其它区域

日期	区域	地点	活动及时间	讲师	负责人
17/02/2019	Selangor	Royale Chulan Damansara (Royale Ballroom - Level 2)	胜利在握 赢在未来 (BC) 12pm - 6pm	Mr. Albert Ling	RL Customer Service 603-61446399
21/02/2019	Kota Kinabalu	Luyang WongKwok Restaurant	爱。团圆 6.30pm - 9.30pm	N/A	Ms. Richelle Chan 6016-8568633

参加者需缴付门票如下:

- i. 胜利在握 赢在未来(BC). - 每人RM30.



预知更多传承国际
二月份活动最新详情，
请扫描以下QR码。



QRSCAN



RETURN LEGACY SDN BHD (1080589-X) (AJL932074)

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