LEGACY LIFE

传承生活

2018 SEPTEMBER



Protect Your Children's Teeth



Ruby Recognition 2018 (Central Region)

PROTEIN ProMix

Weight Management In A Convenient And Delicious Way





ROYAL AMBASSADOR
KONG ANG YIENG

LEGACY
NEW PRODUCT

RAIN

- Eกกลกeed formula
- Prolong freshness
- Free from Non-Dairy Gream (NDC)

YOUR ATTITUDE DETERMINES
YOUR ALTITUDE





RETURN LEGACY

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MAKE EVERY OPPORTUNITY

A SEIZED OPPORTUNITY

How does opportunity look like to you? Is it dressed in too-good-to-be-true offers? Or is it laden with hard work and unattractive commitment?

I have had my fair shares of missed and seized opportunities in the past.

While some of the ones I have seized may not have looked like it was a good deal, but with an open enough mind, I have made it into an opportunity that is worth seizing. It truly depends on how you choose to see them.

To share with you, I kept these 3 points in mind whenever I am on my toes looking out for opportunities or when they are presented to me in the unlikeliest of moments.

CMO OF INDONESIA

JIMMY HWANG



KEEP AN OPEN MIND

Whenever we plan for success, we tend to single things out to ensure that we are on the right path. Nothing wrong with that, but the only thing that may throw our plan out of whack is this: we may lose perspective in the long run. Sometimes, to seize opportunities, we may need to be willing to adjust our expectations so we don't set ourselves to lose. Which is why, an open mind acts like a filter that sifts and sorts choices out more effectively. Always be open for more and never restrict yourself.



THINK BIG AND THINK LONG-TERM

Sometimes we may have limited vision when it comes to seizing opportunities. We get caught up with the nitty gritty details that we forget to look at the bigger picture and project that vision further. This can happen when we are suddenly presented with an opportunity and we fail to see the bigger outcome simply because we are so stuck in the details of making things happen. So be fully aware when an opportunity comes your way. Project it bigger and further. See how you can milk it and make the best out of it.



BELIEVE IT IS GOING TO WORK OUT

A lot of times, when an opportunity is seized, we tend to slip into self-doubt halfway through. It then turns into a missed opportunity. That is why, the power of belief is an invisible factor. But when applied with the right intention and a whole lot of faith it becomes an invincible factor. You will feel more supported inside when you believe that the opportunity is going to be amazing. And nothing can stand in your way of your goal. Let the power of your belief be the fuel to get there.

So what are you waiting for? Do you have opportunities you can already spot and grab it by its horns?

If you think you are not fully prepared, think again. None of us are. Because there is no right time or wrong time for seizing opportunities. The only time is now. I have always lived by that premise and by being in the present, only can you spot and seize opportunities that sometimes can be larger than life.

My wish for you is to be open enough, bold enough, big enough to just go for it and seize opportunities that will inevitably change your life.



HIGHLIGHTS

CENTRAL REGION

On August 4 2018, Return Legacy held
its first Ruby Recognition of the year in
the Central Region of Malaysia, to honour
and acknowledge a new batch of Ruby Managers.
With great efforts, comes exceptional rewards;
with each urge of your motivations, comes greater prospects;
with a stronger sense of determination, comes success.
With great perseverance, comes miracles of your own creation.

The end of the event marks a new beginning for all Ruby Managers, with the aspirations that they will continue to work hard along their journey. We shall meet at the next apex of success, sharing all the wealth and glory that it is to come!





RUBY MANGER



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Thank you for the support and faith all of you had in me, which has allowed me to be promoted to the rank of Ruby Manager in just 3 days! Joanne Lam and Julia, we made a promise that we would break the record; although we have not set long-term goals for the future, but Return Legacy has shown me that whatever the future holds will be bright. I will work hard towards achieving this success!



99

My fellow partners, please ask yourself: is Return Legacy just merely a sales and marketing platform? Certainly not. This is a platform that has allowed us to have more comfortable lives, an endless stream of income and better financial security for our families. Even if we as parents have passed away, our children are able to inherit the legacy we have formed. The entrepreneurial process is not an easy one, but nothing can stand in our way. Don't make excuses for yourself, and don't disappoint your family.



"



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The entrepreneurial journey with Return Legacy is akin to a marathon; as long as the goals, distance, and path has been set, so long as our beliefs are strong and we do not deviate from the path, we will one day be able to reach the end. Today, this Ruby Recognition is our first checkpoint. This checkpoint can be completed based on our own personal strength and will, but each subsequent checkpoint after requires teamwork to complete. That is because in Return Legacy there is not perfect individual, but only a perfect team.





PROTECT YOUR CHILDREN'S TEETH WITH () 'DENTEE KIDS

DS

Baby teeth need just as much care as adult teeth. As tough as your child may seem, the enamel on their tiny teeth still aren't as strong as an adult's.

42%

Tooth decay is the most common chronic childhood disease, with 42 percent of children aged 2 to 11 developing a cavity in their primary teeth during these formative years.

Baby oral care is serious business, so here are a few ways to identify the causes of cavities and how you can protect your baby's chompers! A common cause of toddler tooth decay is going to bed with a bottle. While it may sound harmless, this particular condition is known as 'baby bottle tooth decay'. Baby bottle tooth decay occurs when a baby's teeth are in frequent contact with sugars from drinks, such as fruit juices, milk, sugar water, diluted sugary drinks or any other sweet drink. If breastfed infants fall asleep with uneaten milk in their mouth, they are also at risk for tooth decay. Bacteria in the mouth feeds on the sugars and attacks the enamel on teeth, which can lead to decay.

Unhealthy eating habits contribute to tooth decay too. Sugary treats are the biggest culprit here, like sucking on sweets for an extended length of time or eating lots of sugary foods. The excessive intake of added sugar often associated with dental caries.

Since the enamel of your child's tiny teeth is 50% thinner than the enamel of adult teeth, once decay begins, it does more damage at a faster pace. If left unchecked, it can then turn into cavity.

If baby teeth are damaged or destroyed, they are unable to guide permanent teeth into their proper position, which may result in crowded or crooked permanent teeth. Badly decayed baby teeth could lead to an abscessed tooth, with the possibility of infection spreading elsewhere in the body. But, it's always a challenge to parents when it comes to taking care of their child's oral health.



Public Health Nutrition recommended that intake of foods and beverages containing free sugars is limited to a maximum 4 times per day, or an amount ranging from 40-55 grams. Proper oral hygiene is still required to prevent dental cavities.

As a parent, do you face these common struggles almost daily?



- Your child swallows toothpaste instead of brushing with it?
- Always chasing your kid around the house?



- Toothpaste gets everywhere except on their teeth?
- Your kid throws a temper tantrum when they are asked to brush their teeth?



Your child has a sweet tooth but refuses to brush their teeth?



 Struggling to brush their small size teeth properly?

But fret not, taking care of your children's oral health has never been so simple and easy with the help of **O'Dentee Kids**! Malaysia's first tooth foam now comes in kid-friendly form, and is in a delicious apple flavour. The delicate yet compact foam is effective in cleansing teeth deeply and thoroughly, including hard to reach spots.





Formulated with

Return Legacy's patented formula,

Lvnenox[™]

*

break down up to **98%** of **oral bacteria** while providing a long-lasting anti-bacterial effect.









3 Functions in 1



This tooth foam does not contain abrasive substances and fluoride (which is not recommended in kids' toothpaste), hence it will not weaken or harm your kids' teeth. It is also safe if accidentally swallowed.





 $Lynenox^{m}$ patent application has been successfully filed in Malaysia on 20th July 2018 with the patent pending no. of PI 2018702548.

O'Dentee Kids:



Cleans and strengthens teeth

Inhibits growth of cariogenic bacteria, preventing dental caries formation



Protects and keeps teeth and gums healthy

Beneficial against oral allergy



How to use:

Just gargle and spit it out!

O' Dentee Kids provides a fun and hassle-free way to clean your kid's teeth anytime, anywhere you need It can be applied with or without a toothbrush. It is also super convenient to carry around and use. You can even put it in your child's schoolbag, so they can brush or wash their mouth after every meal.



Anti-inflammatory effect







SIMPLE, EASY AND FUN!



WHAT MUMMIES SAID ABOUT **D'DENTEE** KIDS

My kids like the product very much especially the apple flavour. It is fun and very easy to use, just gargle and spit it out! This is the one and only toothpaste my kids prefer to use.

Coshin Lim, 38 years old with 3 children, 5, 9 and 11 years old.

As a mum, I am particular on choosing my pre-school kid's toothpaste. I want to give her the best. O' Dentee Kids is always my first choice to keep my pumpkin's teeth healthy as it helps to kills up to 98% of oral bacteria.

Connie Lim, 26 years old with 1 child, 3 years old.

My 9 years old child has crooked teeth; I have a hard time brushing and cleaning her teeth. This tooth foam is a saviour. It cleans her teeth thoroughly and also eliminates her bad breath. It is really amazing.

CK Loh, 45 years old with 4 children, 21,18, 17 and 9 years old

My daughter used to have gum sensitivity. I have been looking for the right toothpaste for her. I am glad that this foam type toothpaste suits her well. She can clean her teeth now without using toothbrush.

Goh Seok Peng, 33 years old with 2 children, 4 and 6 years old

Love this product very much! Eason has sweet tooth. What's even worse is that he is already 6 years old but doesn't brush his teeth at all. I am really sick of having to force him brushing his teeth every day. O'Dentee Kids solved my problem while taking good care of his oral health.

Tang Gan Yen, 33 years old with 2 children, 6 and 12 years old.



PROTEIN ProMix

Coming Soon



NUREOX

PROTEIN ProMix

- BALANCED DIET
- WEIGHT MANAGEMENT UNDER RIGHT NUTRITION
- HUNGER-SATISFYING
- SUPPORT LEAN MUSCLE TONE & HEALTHY METABOLISM
- GREAT-TASTING

NET WEIGHT: 500g



PROTEIN ProMix

WEIGHT MANAGEMENT IN A CONVENIENT AND DELICIOUS WAY

Meal replacements are low calorie products designed to facilitate rapid weight loss while simultaneously conserving a lean body mass. Aside from a few essential carbohydrates, vitamins and minerals, the formulas are largely protein based. The core idea of a meal replacement is to provide the body its protein requirements in as few calories as possible.

WHY PROTEIN?

Protein is an important component of every cell in the body. Our body uses protein to build and repair tissues, produce enzymes, hormones, and also acts as a building block for bones, muscles, cartilage, skin, hair, nails, and blood. It is a nutrient that we have to consume daily to meet our body's needs.



According to Malaysia 2015 RNI (Recommended Nutrient Intakes), the average sedentary men and women aged between 19 to 59 years old each required 62 & 55 grams of protein per day to prevent downright deficiency.

*The right amount of protein for every individual varies depending on few factors, including their level of activity, age, muscle mass, physique goals, and current state of health.

BENEFITS OF PROTEIN TO OUR BODY:

Weight Management

The biggest reason people tend to fall short on their diet plans and goals - cravings. Those with a tendency to gain weight often have cravings at night, so they snack in the evening. These calories are added in addition to all the calories during the day. Instead of consuming weight gaining snacks, it is better to go for a higher protein intake which helps to keep hunger at bay by boosting the level of satiety hormones. This helps reduce cravings as it keeps you feeling full over a longer period of time, which in turn automatically reduces calorie intake and weight.

A study conducted among obese men showed that protein increases the feeling of fullness, reduces desire for late-night snacking by half, and diminishes obsessive thoughts about food by 60%.



2 Metabolic Rate

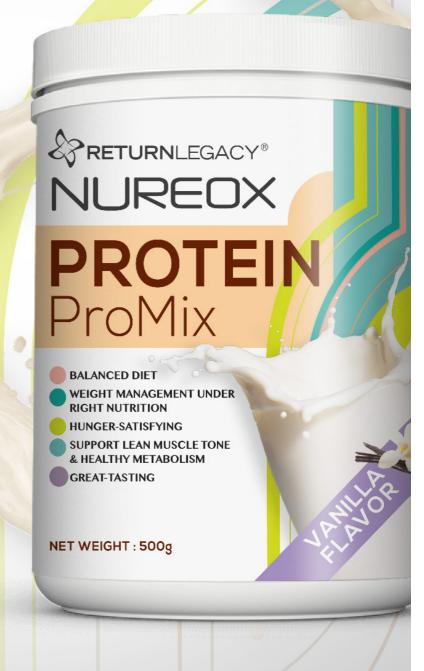
It is scientifically proven that protein intake helps increase the number of calories your body burn by boosting metabolic rate (calories out) while simultaneously reducing appetite (calories in). Your body is unable to effectively burn and use fat as energy without the support from protein.

3 Build and Prevent Muscle Loss

When you are losing weight, your body loses both muscle and fat. During this process, it is crucial to continue consuming enough protein in your diet. Having adequate protein intake from daily diet fuels fat burning while build and preserve calorie-burning lean muscle.

PROTEIN ProMix

NUREOX Protein ProMix is formulated and designed to help you manage your weight with ease. Combining pea protein, soybean powder, isolated soy protein and other valuable ingredients, it serves as the perfect mixture to increase daily protein consumption and a healthy meal replacement choice. The high protein formulation controls hunger and curbs cravings while providing essential amino acids to keep body strong and healthy. It allows the body to absorb more nutrients from food, boosts immune system and energy levels. NUREOX Protein ProMix also helps muscle and strength building while preventing muscle loss during the dieting process.







NUREOX Protein ProMix a meal replacement beverage with
delicious vanilla flavour packed full of
nutritional goodness!

Weight management under right nutrition Maintain balanced diet Hunger-satisfying Support lean muscle tone & healthy metabolism Great tasting meal replacement beverage

Key Ingredients:



Pea protein, soybean powder and isolated soy protein

- A blend of high protein to help maintain optimum weight through providing satiety while decreasing calories intake.
- The formulation helps increase muscle mass, build and repair body tissues as well.
- The essential source for growth and physical development.



Konjac

- As a form of natural dietary fibre, Konjac promotes the sensation of satiety which in turn helps reduce appetite and Ghrelin levels.
- *Ghrelin, a hunger hormone that stimulates the brain to deliver the feeling of hunger. When our body feels hungry, it will decrease the metabolic rate and body's ability to burn fat.



Colostrum

- A source of milk that balances blood sugar levels.
- It also helps to replenish Leptin, resulting in increased alertness and concentration while enhancing emotions.
- Colostrum is beneficial to body building, digestion, muscle toning, aids recovery from injuries, sports performance, endurance and weight loss.
- *Leptin, a polypeptide hormone which inhibits food intake and stimulation of energy expenditure. As a neurotransmitter, it helps to accelerate the delivery of full stomach signals to avoid overeating.

Who needs NUREOX Protein ProMix:



This high protein beverage can be consumed in few delicious ways:







"The 3 years I spent building my career with Return Legacy was the epitome of my life. In the midst of that I experienced the various ups-and-downs life had to offer, but continued to develop and arrive at where I am today thanks to belief of the "people and love oriented" ideology."

I used to be an extremely pessimistic housewife – when good things happen, I passed it off as nature taking its course, but when unfortunate things descend upon I feel the entire universe is indebted to me. In the days during my Return Legacy journey, I attended numerous RLEA courses and started to understand the need for a mind-set change – you can find positives even during the worst of times and not focus on its negativity and gripe about it – this realization was truly priceless.

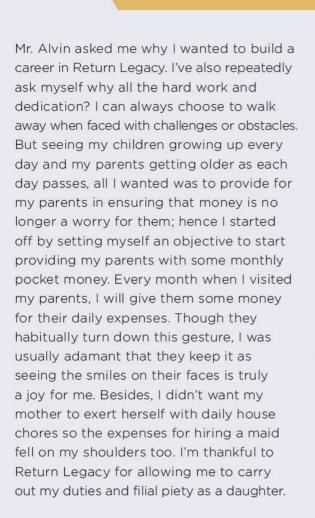
I'll be the first to admit that I'm no better than anyone else, but I'm a willing listener, doer and most of important of all, I'm more determined than most. With that determination, you'll naturally progress and achieve things compared to someone who's stagnating. In the previous Grand Recognition, I received my honours as a Diamond Director. I attended the event alone back then and in that fleeting moment on stage, I told myself that in the next Grand Recognition I will return as Crown Ambassador be sure to bring my parents along. Today, I exceeded my own expectations and am at the Grand Recognition as a Royal Ambassador along with my parents, husband, children, and in-laws in attendance witnessing this momentous occasion. The words by Mr. Desmond Hooi will forever be engraved in my mind - targets are meant for surpassing without any compromise.

KONG ANG YIENG





TO CARRY OUT MY DUTIES AND FILIAL PIETY AS A DAUGHTER





PATIENCE, CONFIDENCE AND DETERMINATION

This platform did more than just allowing me to achieve financial freedom, it allowed me to discover values which were even more meaningful – witnessing the growth of my partners. Seeing the various partners dedicating themselves towards achieving their goals, growing with other leaders with the hopes of also being one themselves, realizing their dreams one step at a time – these feelings of moving inspiration is truly something money can't buy. To grace the recognition stage, all the partners having been working tirelessly in the half year that has past – their attitude and commitment is something that makes me immensely proud.

Also, I'd like to especially thank my spouse - Mr. Guan. Thank you for providing me free-rein to do what I love and chase my dreams, taking care of our children when I'm out for work. Because of his virtue, I too want strive to be a better person.

Thanks to Return Legacy's platform for providing me a life that is no longer mediocre and unremarkable. Even ordinary people have the possibility of creating miracles. When you feel fear, lack of self-confidence or want to back down, try to calm down and examine whether you are pulling yourself down with too much restraint, underestimating your ability, being too focused on your own shortcomings, or is it being afraid of taking the first step out of worry. If you have this concern, don't be afraid or worried any longer. In Return Legacy, as long as you have patience, confidence and determination, you can achieve so much and realize so much more!



ROYAL AMBASSADOR
KONG ANG YIENG



PROTEIN ProMix

Coming Soon



NUREOX

PROTEIN ProMix

- BALANCED DIET
- WEIGHT MANAGEMENT UNDER RIGHT NUTRITION
- HUNGER-SATISFYING
- SUPPORT LEAN MUSCLE TONE & HEALTHY METABOLISM
- GREAT-TASTING

NET WEIGHT: 500g



Distributor Price RM168(WM) | RM178(EM) 30WP Retail Price RM210(WM) | RM222(EM) Net Weight 500g





NUREOX GRAIN SACHET PACK AVAILABLE ON 1 SEPTEMBER 2018



NUREOX GRAIN

(Sachet Pack)

Distributor Price

RM48(WM) I RM54(EM) 5WP

Retail Price

RM57(WM) | RM62(EM)

Net Weight

15 sachets x 25gm

NUREOX GRAIN

(Tin)

Distributor Price RM86(WM) | RM93(EM) 10WP **Retail Price** RM107(WM) | RM119(EM) **Net Weight** 750gm





SOUTHERN REGION



21/10/2018

IMPERIAL HOTEL KUCHING

Imperial Ballroom 1















27.10.2018 (SATURDAY) | 12pm-5pm Holiday Inn Singapore Atrium

317 Outram Road, Singapore 169075



Ticket Price: SGD30

*Door Gift: Cleansing Water (50ml) x1, and Lucky Draw!



LEGACY PLAN

1ST SEPT 2018 - 30TH SEPT 2018



with Lynenox TM

A delicate yet compact tooth foam that is effective in cleansing and provides a fun and hassle-free way to clean you and your little one's teeth anytime, anywhere!





RM86(WM) RM89(EM) I 9WP



RE 6x

RM162(WM) RM180(EM) I 12WP

FREE 6x

RM162(WM) RM180(EM) I 12WP

*For Malaysia distributors only. *While Stock Lasts.



NUREOX



LEGACY PLAN

Packed with natural blend of ancient grains, NUREOX Grain fits perfectly in your on-the-go lifestyle while providing you essential nutrients in just a single cup. Grab your early bird promotion now!

CHAIR AIR RAIN GRAIN 3x 3x RM144(WM) RM162(EM) I 15WP RM258(WM) RM279(EM) I 30WP

*Terms & Conditions apply. *For further information, please refer to our promotion details.

*While Stock Lasts. *For Malaysia distributors only.



Promotion



DON'T QUIT GET FIT

HAVING A HEALTHY AND LEANER FIGURE IS NO LONGER A SECRET!

A perfect set that helps to detoxify the body and completes your nutrients intake to assist you to get in shape quicker.

Mediterranean Gold PLUS, your ultimate health supplement that helps in boosting metabolism, enhancing self-production of antioxidant enzymes, increasing energy level and vitality, improving skin health and aesthetics, promoting overall health and wellness for weight improvement.







de CLEANSE

BE CLEAN, BE HEALTHY, BE BEAUTIFUL

NUREOX de'Cleanse contains all natural plant-based ingredients which is rich in fiber, helps to cleanse and detox your body, promotes digestive health, boosts nutrient absorption, reinvigorates your skin and stay in shape!!

Milling Julian

NUREOX Protein ProMix, a natural meal replacement to help you control hunger and curb craving while providing essential amino acids to keep your body strong and healthy, absorb more nutrients from food, boost immune system and level of energy, build muscle and strength and prevent muscles loss in the dieting process.

PROTEIN ProMix

Suggested Portion Per Day: 2 sachets of Mediterranean Gold PLUS with 1 sachet of NUREOX de'Cleanse and 1-2 servings (2 scoops per serving) of NUREOX ProMix.

*Result may vary based on individual's daily diet.



LEGACY PLAN



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RM486 (WM) RM509 (EM), 80 WP

* Terms & Conditions apply. * For further information, please refer to our promotion details.

* For Malaysia distributors only. *While Stocks Last.



SEPT 2018 MONTHLY SCHEDULE

Meetings to be held at Return Legacy HQ

Date	Event	Time	Speaker	Contact PIC
06/09/2018	Don't Quit Get Fit (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	RL Customer Service 603-61446399
13/09/2018	前腺告急, 势不可敌 (BC)	8pm - 10pm	Ms. Susie Goh	RL Customer Service 603-61446399
20/09/2018	Don't Quit Get Fit (BC)	8pm - 10pm	Mr. Ben Chee & Ms. Rennie Lau	RL Customer Service 603-61446399
27/09/2018	乘胜追机 (BC)	8pm - 10pm	Mr. Desmond Hooi	RL Customer Service 603-61446399

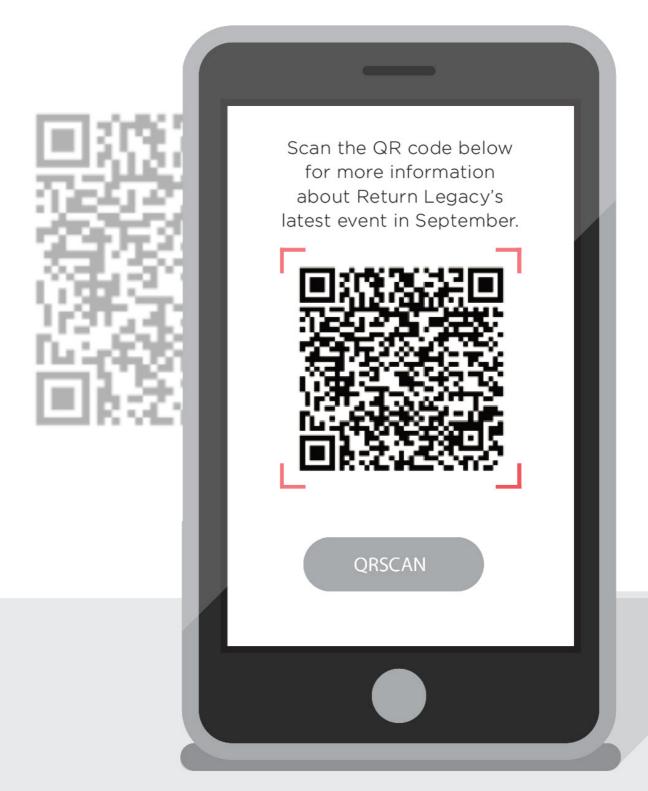
Meetings to be held at hotels / centre

Date	Area	Venue	Event & Time	Speaker	Contact PIC
03/09/2018	Bintulu	Promenade Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. AY Kong 6019-8859666
04/09/2018	Kota Kinabalu	Avangio Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Richelle Cha 6016-8568633
05/09/2018	Sibu	Sibu RL Centre	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Siew Lin 6013-8220009
06/09/2018	Miri	Imperial Palace Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Lulu Chan 6012-8787776
07/09/2018	Kuching	Citadines Uplands, Kuching	Product Talk (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Grace Yong 6013-8168617
12/09/2018	Penang	Bayview Hotel	Don't Quit Get Fit (BC) 8pm - 10pm	Mr. Ben Chee	Ms. CK Loh 6012-4719667
13/09/2018	Alor Setar	Alor Setar RL Centre	Don't Quit Get Fit (BC) 8pm - 10pm	Mr. Ben Chee	Ms. Coshin Lim 6016-4555319
14/09/2018	Singapore	Singapore HQ	Product Talk (BC) 7.30pm - 9.30pm	Ms. Tara Lee	Singapore Customer Service +65 6909 3205

Date	Area	Venue	Event & Time	Speaker	Contact PIC
15/09/2018	Sibu	Sibu RL Centre	NEO (BC) 2pm - 5pm	Ms. Siew Lin & Ms. Miko Loh & Ms. Lee Lee	Ms. Siew Lin 6013-8220009
21-23/09/2018	Kuching	UCSI Hotel, Kuching	Legacy Code (BC) 8am - 12am	Mr. Albert Ling	RL Customer Servic 603-61446399
22/09/2018	Butterworth	Pearl View Hotel	Product Workshop (BC) 12pm - 7pm	Mr. Ben Chee & Ms. Rennie Lau & Ms. Shu Xian	RL Customer Servic 603-61446399
22/09/2018	Johor Bahru	Thistle Hotel	NEO (BC) 1pm - 5pm	Ms. Julia Pang & Ms. Sheau Pei	Ms. Sheau Pei 6010-2335489
27/09/2018	Kluang	Prime City Hotel	Don't Quit Get Fit (BC) 8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	Ms. Irene Teng 6012-7610404
28/09/2018	Johor Bahru	Thistle Hotel	Don't Quit Get Fit (BC) 8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	Ms. Sheau Pei 6010-2335489
28/09/2018	Singapore	Singapore HQ	Product Talk (BC) 7.30pm - 9.30pm	Ms. Tara Lee	Singapore Customer Service +65 6909 3205
29/09/2018	Johor Bahru	Thistle Hotel	Ruby Recognition (BC) 1pm - 5pm	-	RL Customer Service 603-61446399

The participant is required a ticket as below:

- i. RM 800 per pax to participate in Legacy Code (BC).
- ii. RM 142 per pax to participate in Product Workshop (BC).
- iii. RM 30 per pax to participate in Ruby Recognition (BC).
- iv. RM 10 per pax to participate in NEO (BC).





RETURN LEGACY SDN BHD

BLOCK K-3-1 & 3, PUSAT PERDAGANGAN KOTA DAMANSARA NO 12 JALAN PJU 5/1 KOTA DAMANSARA 47810 PETALING JAYA SELANGOR

- **Color:** Color: Color:
- (Malaysia) www.facebook.com/returnlegacy26 (Malaysia) www.t.me/returnlegacymy

LEGACY LIFE

2018 九月



就 您 的 生 高

LEGAC

SEPTEMBER 2018

传承国际

1 传承国际印尼营销总监致词

传承亮点

3 传承国际红宝石表扬大会2018 中马区 5 红宝石经理分享

传承新品

6 Odentee Kids 呵护小宝贝的口腔健康 11 NUREOX Protein Promix 美味中轻松享瘦

传承榜样 皇室大使

18 Kong Ang Yieng (AY Kong)

传承资讯站

23 NUREOX Protein Promix 24 NUREOX Grain 便利装 25 红宝石表扬大会2018

27 本月促销

30 本月活动

RETURNLEGACY®

BALANCED DIET

WEIGHT MANAGEMENT UNDER RIGHT NUTRITION HUNGER-SATISFYING

SUPPORT LEAN MUSCLE TONE & HEALTHY METABOLISM GREAT-TASTING

NET WEIGHT: 500g











抓住机遇

成就梦想

对你而言,机会意味着什么?是一个梦寐以求的机遇?还是一个承载着艰辛奋斗,却又毫无意义的承诺?

6 我过去曾错失良机,也幸运地抓住了一些机会。虽然不是每一个机会都能让我获得空前的成就,但我总是以乐观豁达的心态去看待并好好把握每一次的机会。心态决定一切,包括你如何看待出现在面前的机会,是良机还是陷阱,

其实全在于你的一念之差。



每当我准备好去寻觅良机或意想不到的机会降临眼前,我都会谨记 三个要点,在此与你分享。

(1)

保持思想开放

每当我们为成功拟定计划时,都会不自觉地进入只专注于一件事情上的状态以确保我们走在正确的道路上。虽然这并没有错,但我们的眼光会变得短浅而无法作出长远的布局,最终导致计划落空。有时候,为了可以抓住机会,我们可能需要适时调整期望以难免迷失自己,因此一个开放的思维就像一个过滤器,使我们可以作出更好的抉择。



把目光放得 更宽更远

有时候,我们太着重于细节而看不见更大的蓝图,也没有足够宽广的视野去发现已经降临的机会。我们迫不及待地想完成眼前的冰山一角,却看不清整个局势的走向。因此,我们必须时刻提醒自己,要看得更远、想得更远,才能善用每一个机会创造成功。



相信自己可以做到

许多时候,虽然握紧了机会,我们却在半途陷入自我怀疑而错失良机,所以成功的隐形力量来自于"相信"。当我们以正念运用这股强大的力量,全然地相信自己,这信念将变成不可战胜的原动力。你一旦相信所有的机会都可以促成美好结果,你的内心会变得强大,届时没有任何人事物可以阻挡你追逐目标。在通往梦想的道路上,让信念为你的旅途添加燃料,成为你成功的助推器。

你还在等待什么?你是否已经发现了机会?你又能不能够果敢坚定、把握住转 瞬即逝的机会?

如果你还在犹豫,认为自己还没准备好,那么请你好好想想。其实每个人都自觉还没准备好,但我们不能等待最佳时机才去把握机会。最好的时机,就是机会来临的那个瞬间。我一直努力调节自己的心态、活在当下,这样才能把握住那些足以影响一生的重大机遇。

我希望你可以拥有足够开放的思维、 足够勇敢及足够长远的眼光去追逐自 己的理想,把握住每一个足以改变你 生活的机会。

RUBY

RECOGNITION

注压压压 表 扬 大 会

中马区

2018年8月4日,传承国际举办了中马区《红宝石表扬大会》,借此表扬新晋红宝石经理。 比别人多一点努力,你就会多一份收获; 比别人多一点志气,你就会多一份出息; 比别人多一点坚持,你就会取得成功; 比别人多一点执着,你就会创造奇迹。

红宝石表扬大会中马区的结束只是各位 红宝石经理们旅途的另一起点,愿大家再接 再厉,我们相约在下一个高峰,分享荣耀与辉煌!



红宝石经理



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谢谢上线和伙伴的支持和相信,让我在短短的 三天内晋升红宝石经理(Ruby Manager)。 Joanne Lam和Julia,我们说好了要打破纪 录,虽然还没设下未来的长远目标,但传承国 际让我看见了美好前景,所以我一定会努力朝 此方向迈进!



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伙伴们,问问自己,传承国际只是一个销售平台吗?当然不。这是一个让我们得到更安逸的生活、源源不绝的收入,以及让家人获得更佳生活保障的平台。就算往后父母不在了,孩子也能传承下去。创业的过程并不简单,但没什么能难倒我们,所以别再为自己找借口,更不要让家人们失望。



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传承国际的创业之路就像一场马拉松,只要目标、方式和路程都已设定好了,只要我们怀有坚定不移的信念,不偏离原有跑道,一定能完成征途,抵达终点。今天,《红宝石国际表扬大会》就是我们的第一个checkpoint。这checkpoint可靠个人能力完成,但往后的每一个checkpoint却需要团队的配合才能完成,因为传承国际没有完美的个人,只有完美的团队。

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O'DENTEE KIDS

呵护小宝贝的口腔健康

由于乳牙的牙釉质不如恒牙来得坚硬, 乳牙因此需要更细心的呵护。儿童口腔 护理作为至关重要的一环,父母有必要 确认乳牙龋齿的原因,并了解如何保护 宝宝的牙齿。

42%

据调查,龋齿为最常见的儿童慢性疾病,42%2至11岁的孩子在这年龄阶段皆有乳牙龋齿的问题。

含着奶瓶睡觉是导致幼儿早期龋齿或称奶瓶龋发生的常见原因。当婴儿的牙齿频繁接触食物或饮料如果汁、牛奶、配方奶粉、糖水、零食、稀释的含糖饮料或任何其他甜饮料中的糖份,奶瓶龋问题就易于产生。要是母乳喂养的婴儿未将母乳吞咽就含着入睡,他们一样面临龋齿的风险,因为口腔细菌以糖为食并会攻击牙齿的牙釉质,日子久了便会引致龋齿。

此外,不健康的饮食习惯亦会导致龋齿,譬如说吃甜食的时间过长或进食大量含糖食物。由于乳牙的牙釉质比恒牙薄50%,一旦龋齿开始便会以更快的速度形成伤害,如不加以控制情况会变得更糟糕。

当乳牙遭受破坏或提早脱落,它们将无法把恒牙导正至正确的生长位置而让牙齿变得拥挤或永久性弯曲。严重的龋齿更会引起牙龈脓肿,甚至感染其他身体部位。口腔护理极其重要,但对父母而言教育孩子清洁牙齿绝对是项挑战。



Public Health Nutrition 建议含游离糖食品和饮料的每日摄入为一天最多4次或40-55克,并需要采取适当的口腔清洁措施以防止龋齿。

您,是否也面对以下难题?



- 孩子总是吞下牙膏?
- 一到刷牙时间孩子总是四处躲藏?



- 把牙膏弄得四处掉落?
- •刷牙时总是闹脾气?



孩子喜欢吃甜食却不爱刷牙?



● 孩子的牙齿体积过小而难以 清洁?

现您不必再为此烦恼。因为O'Dentee Kids儿童喷沫牙膏有助您解决难题,让您轻松照顾孩子的口腔健康! 作为马来西亚首创儿童喷沫牙膏,苹果口味的O'Dentee Kids不仅适合儿童使用, 其细致的泡沫同时可彻底清洁牙齿,包括难及的牙缝等部位。





口腔细菌及提供长效防菌功效





此喷沫牙膏不含磨蚀性物质和Fluoride(不建议用于儿童牙膏), 因此不会削弱或伤害孩子的牙齿,就算刷牙时不小心吞下也无需担心。





Lynenox[™] 专利申请已于**2018年7月20日**在马来西亚成功提交,专利编号为 PI **2018702548**

O'Dentee Kids 有效:



清洁和强化牙齿

抑制口腔细菌滋长, 预防龋齿的形成



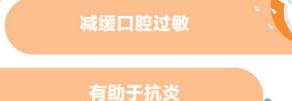
如何使用:

漱口后将泡沫 吐出即可!

O' Dentee Kids提供孩子一个轻松有趣的口腔清洁方式,何时何地只要有需要就能进行清洁。您可选择搭配牙膏一起使用或直接挤压泡沫至嘴里。此牙膏易于携带,您甚至可将它放在孩子的书包里,方便他们饭后清洗口腔



保护并维持牙齿和牙龈的健康







(D'DENTEE KIDS 妈妈们怎么说

我的孩子非常喜欢这 产品,尤其是其苹果 口味。喷沫牙膏的使 用方法简易有趣,只 需漱口并吐出即可! 现在,这是孩子们唯 一使用的牙膏。

Coshin Lim,38岁拥有三名分别 5岁、9岁和11岁的孩子

身为母亲,我对学龄前儿童的牙膏特别挑剔。我想给孩子最好的产品。O' Dentee Kids是我维持孩子牙齿健康的首选,因为它有助杀死高达98%的口腔细菌。

Connie Lim,26岁 拥有一名3岁的孩子 我9岁

我9岁的孩子牙齿凹凸不平,所以每次为她清洁牙齿都很困难。这喷沫牙膏可说是口腔的救星,不仅为她彻底清洁牙齿,也消除了口臭问题,真的太棒了!

CK Loh, 45岁拥有四名分别 21, 18, 17 和9岁的孩子

我女儿的牙龈敏感, 所以我一直在为她寻找 合适的牙膏。很高兴 O' Dentee Kids喷沫 牙膏适合她使用,现在 她能在不使用牙刷的情 况下清洁口腔。

Goh Seok Peng,33岁 拥有两名分别4岁和6岁的孩子 我非常喜欢这产品! Eason爱吃甜食,但 更糟糕的是已经6岁的 他不爱刷牙。我真的厌 倦了每天强迫他清洁牙 齿的举动。很高兴 O'Dentee Kids为我 解决了问题,并照顾好 他的口腔健康。

Tang Gan Yen,33岁 拥有两名分别6岁和12岁的孩子



PROTEIN ProMix

即将面市



NUREOX

PROTEIN ProMix

- BALANCED DIET
- WEIGHT MANAGEMENT UNDER RIGHT NUTRITION
- HUNGER-SATISFYING
- SUPPORT LEAN MUSCLE TONE & HEALTHY METABOLISM
- GREAT-TASTING

NET WEIGHT: 500g



PROTEIN ProMix

美味中轻松享瘦

代餐食品属低卡路里配方食品,可以促进脂肪代谢,同时管理体重。 代餐配方除了蕴含 一些必需碳水化合物,维生素及矿物质以外,主要 是由蛋白质组成 。代餐的主要概念是提供人体所需的蛋白质,与此同 时尽可能降低热量的摄取。

为什么选择蛋白质?

蛋白质是人体内每一个细胞的重要成份。我们的身体运用蛋白质来建造和修复组织,生产酶、激素,并且还充当建造骨骼、肌肉、软骨、皮肤、头发、指甲和血液的支柱。我们每日都需摄取蛋白质以补给身体所需的营养。



根据 Malaysia 2015 RNI(Recommended Nutrient Intake), 对于年龄于19至59 岁久坐的 男性和女性,每天平均需要62和55克的 蛋白质,以预防蛋白质不足的状况。

*每个人所需的蛋白质含量因人而异,取决于数个因素,其中包括他们的活动量,年龄、肌肉含量、体格目标以及当下的健康状况。

蛋白质对人体的益处:

1 体重管理

绝大部分的人无法遵循饮食计划和达到目标的最大原因是 - 嘴馋。体重易于增加的人会在夜间经常出现饥饿感,所以会摄取零食以满足嘴馋的欲望。这些额外的卡路里将与白天所摄取的热量一起贮存在体内。而增加蛋白质的摄入量可刺激饱足荷尔蒙的分泌,以此帮助防止饥饿。这方法可以使人维持长时间的饱足感,降低嘴馋的欲望,自然也会减少卡路里的摄入和控制体重。

一项针对肥胖男性进行的研究显示,蛋白质有助增加饱腹感,夜宵的欲望降至一半,同时可消除60%对食物的渴望。

2 新陈代谢率

科学研究证实蛋白质的摄取可以提高新陈代谢率(卡路里输出),同时降低食欲(卡路里摄入),以此帮助增加您的卡路里燃烧量。若缺少蛋白质,您的身体无法有效地燃烧脂肪或将之转化为能量。

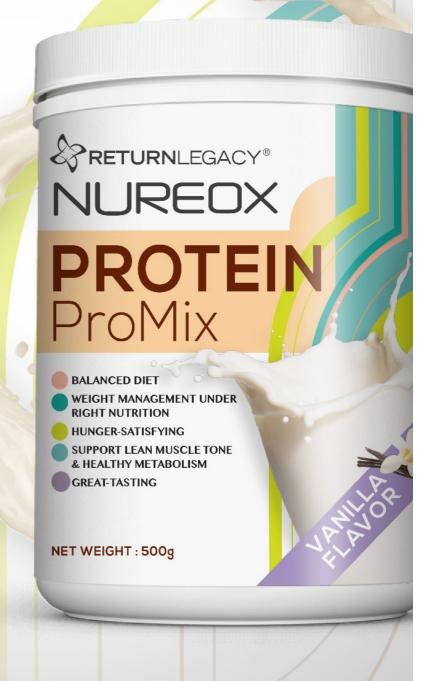
3 建造并预防肌肉流失

当您瘦身的时候,肌肉和脂肪会流失,因此在饮食中继续摄入足够的蛋白质是至关重要的。从您的饮食中摄取足够的蛋白质便可以加速脂肪燃烧,同时又能维持纯肌肉的状态。

PROTEIN ProMix

以轻松控制体重为研发方向, NUREOX Protein ProMix 结合了豌豆蛋白、大豆蛋白、 大豆分离蛋白和其他有丰富营 养价值的成份为配方,是提升 每日蛋白质摄取量和健康代餐 饮料的完美选择。

其高蛋白质配方除了帮助减低饥饿感和控制食欲,还为身体提供所需氨基酸以维持健康体魄,让身体更好地吸收食物中的营养、增强免疫系统及提高能量水平。此外,NUREOX Protein ProMix亦有助肌肉与力量的建造,并防止肌肉在节食过程中流失。







带有香草味和营养丰富的 NUREOX Protein ProMix 营养代餐,是您管理体重的好助手。



主要成份:



豌豆蛋白、大豆蛋白和大豆 分离蛋白

- 富含蛋白质,有助于提升饱腹感和减少卡路里摄入量以维持最佳体重。
- 此配方有助于增加肌肉质量、建造和修复身体组织。
- 促进生长与发育的重要营养来源。



蒟蒻

- 作为天然膳食纤维,蒟蒻可提供饱 腹感并降低食欲和饥饿素水平。
- *饥饿素是一种可刺激大脑释放饥饿信号的 激素。当我们的身体感到饥饿时,它会降 低新陈代谢率和身体燃烧脂肪的能力。



初乳

- 源自于牛奶,有效平衡血糖水平。
- 同时有助补充瘦素以提升警觉性、专注力及优化情绪。
- 初乳有利于健身、消化、紧实肌肉、伤口复原、运动性能、耐力和减重。
- *瘦素为一种抑制食物摄入和刺激能量消耗的多肽激素。作为神经递质,它帮助加速胃部信号的传递以避免暴饮暴食。

谁需要NUREOX Protein ProMix



以美味方式享用高蛋白质饮料:



作为代餐饮品,只需加入适当份 量和水,搅拌均匀即可饮用。

将此饮品与牛奶或酸奶 混合制成奶昔。



将NUREOX Protein ProMix 和您喜爱的水果搅拌成冰沙, 让您在炎热的天气中消暑。



将一杯NUREOX Protein ProMix与谷粮混合,制成 高蛋白质早餐。 皇室大使 - Kong Ang Yieng

态度,

成就您 的





"在传承国际创业的这三年就像是我人生的缩影。路途上,尽管尝尽了也许是人生中的一切酸甜苦辣,但也因为有了这"以人为本、以爱为本"的平台,我才有机会不断成长,成就今日的我。"

我曾经是位极为消极的家庭主妇,有好事 发生时,我觉得那是理所当然,但一旦有 坏事发生,我就觉得全世界都亏欠了我。 在传承国际的这些日子,我上了许多 RLEA 课程,开始意识到只要懂得换位思 考,坏事其实也有好的一面,不应只顾抱 怨,这收获对我而言无比珍贵。

我自认不比别人优秀,但我听话、肯做,比别人更有毅力。坚持久了,自然比原地踏步的人更具成就。在上一届的表扬大会上,我以钻石董事(Diamond Director)的身份接受表扬。独自前来的我站在舞台上时告诉自己,下一届的表扬大会我一定要晋升皇冠大使(Crown Ambassador)并带父母前来接受表扬。而今天,我远超当时的目标,以皇室大使(Royal Ambassador)的身份在父母、丈夫、孩子和岳父岳母的陪同下接受表扬,我永远不会忘记师父的教诲一目标只能超越,不能妥协。

ROYAL AMBASSADOR

KONG ANG YIENG



皇生使

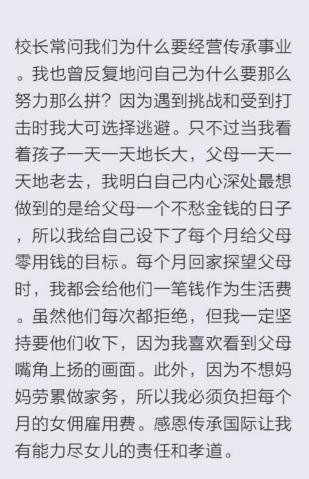
ROYAL AMBASSADOR

感恩上线们Abby、Miko、晓芬和秀 燕赋予我的行动力,让我得到今日的 成就。每当我需要帮助时,她们总是 第一时间给予我的团队协助。在她们 身上我看见了传承人无私奉献的精神 ,亦感恩能在传承国际遇见生命中的 贵人——传承商学院校长Alvin Hong。他扮演着教练的角色,在我 迷茫时通过指派作业为我指引方向, 给予我鼓励。感谢他无私奉献,与 Albert老师合力设计完整的系统,让 我在创业路上少走冤枉路。





让我有能力尽女儿的孝道





只要有**耐心**、 信心和决心

就一定能闯出一片天!

这个平台除了让我达及财务自由,也让我找 到更具意义的价值,那就是协助伙伴成长。 看到伙伴们为目标而奋斗,与领袖们一起成 长并成为独立的领袖,一步一步地实现他们 的梦想,这种感动是金钱无法买到的。为了 登上表扬大会的舞台,伙伴们这半年来一直 配合系统努力作业,全力以赴的态度让我倍 感骄傲。

此外,我特别想感谢我的另一半——亲爱的官先生。谢谢他纵容我的任性,让我可以自由地追逐自己的梦想,在我出门工作时帮忙接送及照顾孩子。因为他的优秀,所以我也要努力成为一个更优秀的人。

感恩传承国际这个平台让我的一生不再是庸庸碌碌、平平无奇。再平凡的人,也有创造奇迹的可能。当你感到恐惧、害怕、不自信或想退缩时,不妨静下心来检视自己的内心是否背负了太多的束缚、小看了自己的能力、放大了自己的缺点,或是因胆怯而不敢踏出一步。如你有此顾虑,别害怕也别担心,因为在传承国际,只要有耐心、信心和决心就一定能闯出一片天!



ROYAL AMBASSADOR
KONG ANG YIENG



PROTEIN ProMix

即将面市



- WEIGHT MANAGEMENT UNDER RIGHT NUTRITION
- HUNGER-SATISFYING
- SUPPORT LEAN MUSCLE TONE & HEALTHY METABOLISM
- GREAT-TASTING

NET WEIGHT: 500g



经销商价格

RM168(西马) | RM178(东马) 30WP

零售价

RM210(西马) I RM222(东马)

净重 500g





便利装在9月1日正式发售



NUREOX GRAIN

(便利装)

经销商价格

주 III

尹里

()史小小衣/

RM48(西马) | RM54(东马) 5WP

RM57(西马) | RM62(东马)

15 sachets x 25gm

NUREOX GRAIN

(罐装)

经销商价格

RM86(西马) | RM93(东马) 10WP

零售价

RM107(西马) | RM119(东马)

净重

750gm









21/10/2018

IMPERIAL HOTEL KUCHING

Imperial Ballroom 1

EASTERN REGION













2018 RECOGNITION

27.10.2018 (SATURDAY) | 12pm-5pm
Holiday Inn Singapore Atrium
317 Outram Road, Singapore 169075



门票价: SGD30

*赠品: Cleansing Water (50ml) x1, 及幸运抽奖!



ON'T QUIT GET FIT 拥有健康苗条的身材不再是幻想

这完善的配套既可帮助身体排毒,又提供人体所需 全面性的营养,让您更快达到完美身形。

Mediterranean Gold PLUS, 维持健 康生活的保健饮品,有助于促进新陈代 谢、增加体内抗氧化酶的生产、增强体 能与活力、改善肌肤健康与美容、提升 健康水平以及助于体重管理。







NUREOX de' Cleanse纤维饮料, 以纯天然植物成份为配方, 有助代谢净 化、促进肠胃健康、提高营养吸收、提 升肌肤光泽以及让您拥有窈窕身段。

Milling 11/1/11

NUREOX Protein ProMix 天然代餐,帮 助您轻松控制体重。它有助于控制饥饿和抑制 食欲,同时提供氨基酸,以保持身体强壮和健 康。含有的维生素能从食物中吸取更多的营养 增强免疫系统,肌肉与能量以防止肌肉损失。

NUREOX PROTEIN ProMix

每日服用建议: 2包Mediterranean Gold PLUS加上1包NUREOX de' Cleanse 和1-2杯(每杯2汤匙)的NUREOX ProMix。 *成果可能根据个人日常饮食习惯而异。



LEGACY PLAN









RM486 (WM) RM509 (EM), 80 WP

*欲知详情,请参考促销细节。*仅限马来西亚经销商。

至存货售完为此。



NUREOX



LEGACY PLAN

1st SEPT 2018 - 30th SEPT 2018

(12:00noon, MYT

(11.59nm MYT)

NUREOX Grain营养饮料混合多种上古谷粮,一杯就助你补充一天所需的营养,完美迎合忙碌的现代人对营养和能量的需求。赶紧享有这个难得的疯狂优惠吧!

RETURN EGAN

GRAIN

ORBERTURN EGAN

ORBERTURN

*需符合条规。*欲知详情,请参考促销细节。

*仅限马来西亚经销商。*直至存货售完为此。





LEGACY PLAN

1ST SEPT 2018 - 30TH SEPT 2018



with Lynenox TM

以细腻的泡沫状零死角地渗入牙齿的 细缝中,彻底清洁牙齿,随时随地提 供您与孩子一个轻松有趣的口腔清洁 方式!





RM86(WM) RM89(EM) I 9WP

50ML 50ML

RM162(WM) RM180(EM) I 12WP



RM162(WM) RM180(EM) I 12WP

免费 50ML

RM162(WM) RM180(EM) I 12WP

*直至存货售完为此。



2018 九 月 份 活 动 行 程

传承国际总部

日期	活动	时间	讲师	负责人
06/09/2018	Don't Quit Get Fit (BC)	8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	RL Customer Service 603-61446399
13/09/2018	前腺告急, 势不可敌 (BC)	8pm - 10pm	Ms. Susie Goh	RL Customer Service 603-61446399
20/09/2018	Don't Quit Get Fit (BC)	8pm - 10pm	Mr. Ben Chee & Ms. Rennie Lau	RL Customer Service 603-61446399
27/09/2018	乘胜追机 (BC)	8pm - 10pm	Mr. Desmond Hooi	RL Customer Service 603-61446399

酒店/中心

日期	区域	地点	活动及时间	讲师	负责人
03/09/2018	Bintulu	Promenade Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. AY Kong 6019-8859666
04/09/2018	Kota Kinabalu	Avangio Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Richelle Char 6016-8568633
05/09/2018	Sibu	Sibu RL Centre	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Siew Lin 6013-8220009
06/09/2018	Miri	Imperial Palace Hotel	Don't Quit Get Fit (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Lulu Chan 6012-8787776
07/09/2018	Kuching	Citadines Uplands, Kuching	Product Talk (BC) 7.30pm - 9.30pm	Mr. Ben Chee	Ms. Grace Yong 6013-8168617
12/09/2018	Penang	Bayview Hotel	Don't Quit Get Fit (BC) 8pm – 10pm	Mr. Ben Chee	Ms. CK Loh 6012-4719667
13/09/2018	Alor Setar	Alor Setar RL Centre	Don't Quit Get Fit (BC) 8pm - 10pm	Mr. Ben Chee	Ms. Coshin Lim 6016-4555319
14/09/2018	Singapore	Singapore HQ	Product Talk (BC) 7.30pm - 9.30pm	Ms. Tara Lee	Singapore Customer Service +65 6909 3205

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日期	区域	地点	活动及时间	讲师	负责人
15/09/2018	Sibu	Sibu RL Centre	NEO (BC) 2pm - 5pm	Ms. Siew Lin & Ms. Miko Loh & Ms. Lee Lee	Ms. Siew Lin 6013-8220009
21-23/09/2018	Kuching	UCSI Hotel, Kuching	Legacy Code (BC) 8am - 12am	Mr. Albert Ling	RL Customer Service 603-61446399
22/09/2018	Butterworth	Pearl View Hotel	Product Workshop (BC) 12pm - 7pm	Mr. Ben Chee & Ms. Rennie Lau & Ms. Shu Xian	RL Customer Service 603-61446399
22/09/2018	Johor Bahru	Thistle Hotel	NEO (BC) 1pm - 5pm	Ms. Julia Pang & Ms. Sheau Pei	Ms. Sheau Pei 6010-2335489
27/09/2018	Kluang	Prime City Hotel	Don't Quit Get Fit (BC) 8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	Ms. Irene Teng 6012-7610404
28/09/2018	Johor Bahru	Thistle Hotel	Don't Quit Get Fit (BC) 8pm - 10pm	Ms. Rennie Lau & Ms. Shu Xian	Ms. Sheau Pei 6010-2335489
28/09/2018	Singapore	Singapore HQ	Product Talk (BC) 7.30pm - 9.30pm	Ms. Tara Lee	Singapore Customer Service +65 6909 3205
29/09/2018	Johor Bahru	Thistle Hotel	Ruby Recognition (BC) 1pm - 5pm	-	RL Customer Service 603-61446399

参加者需缴付门票如下:

- i. Legacy Code (BC) 每人RM800 ii. Product Workshop (BC) 每人RM142
- iii. Ruby Recognition 2018 (BC) 每人RM30
- iv. NEO (BC) 每人RM10





RETURN LEGACY SDN BHD

BLOCK K-3-1 & 3, PUSAT PERDAGANGAN KOTA DAMANSARA NO 12 JALAN PJU 5/1 KOTA DAMANSARA 47810 PETALING JAYA SELANGOR

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