

# REOX series



Each woman will experience three stages of physiological changes in her lifetime.

# WOMEN

## PHYSIOLOGICAL CHANGES



# IN THREE STAGES

# Puberty



The problems often experienced during adolescence



Dysmenorrhea



Irregular periods



Acne



Flat chest

saggy breasts , weight gain , rough skin , uterine fibroids , infertility and pigmentation .

In the **maturity stage** , that is when a woman reaches the **age of 35** , she might start noticing the symptoms of aging like

# Maturity



## Problems faced during maturity



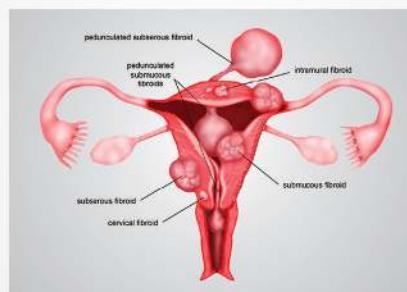
Saggy bust



Inclination to weight gain



Rough skin



Uterine fibroids



Infertility



Pigmentation

### Other symptoms include:

A prolapsed disc, pale nails, dry eyes, vaginal odor, cracked heels, excessive vaginal discharge, low libido and vaginal relaxation.

The last stage experienced by a woman is **menopause**. The typical symptoms include **insomnia**, **night sweats**, **gout**, **hot flashes**, **arthritis**, **osteoporosis**, **memory impairment** and **emotional instability**.

# Menopause



## Typical problems at the stage of menopause



Insomnia



Night sweats



Gout



Hot flashes



Arthritis



Osteoporosis

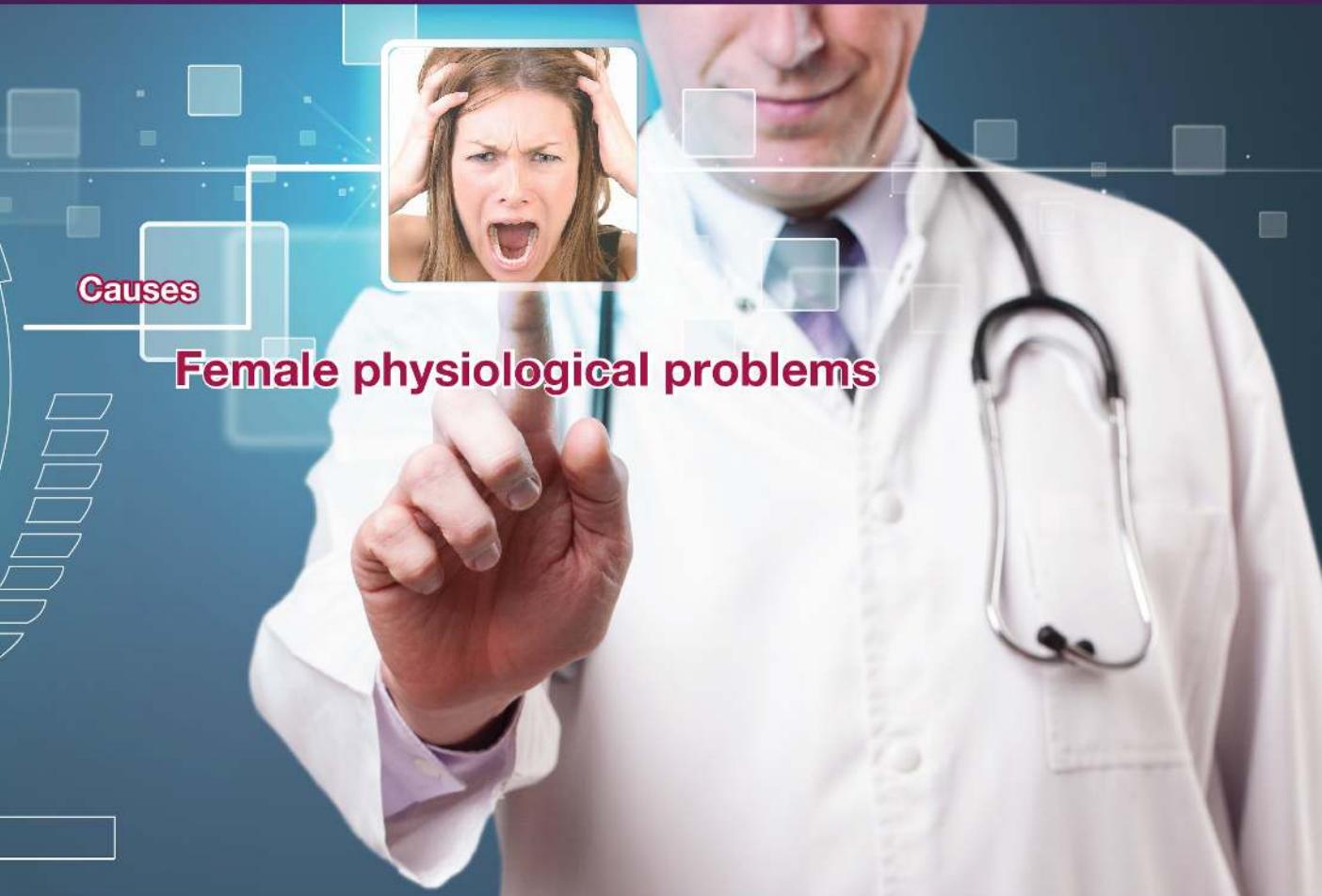
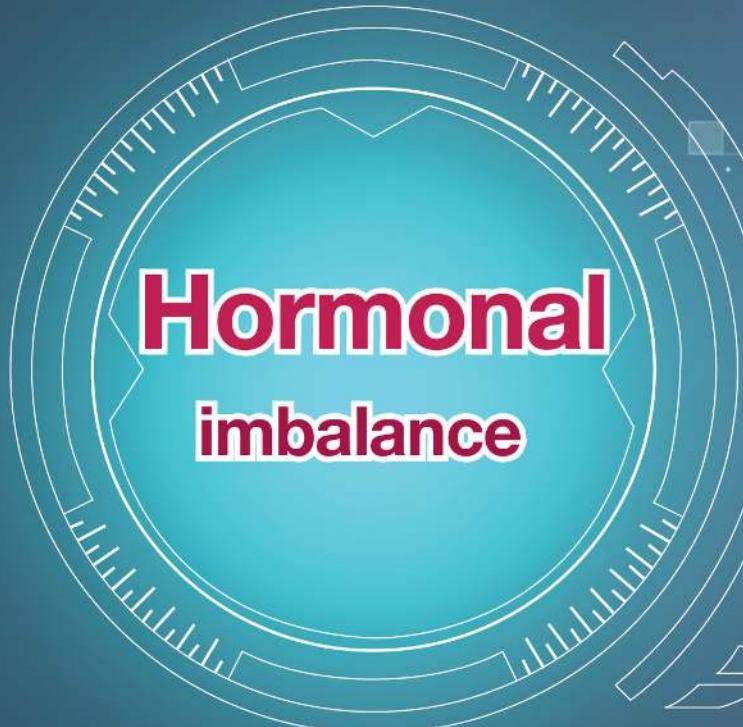


Memory impairment



Emotional instability

A woman's physiological problem is often due to hormonal imbalance



# Hormonal Imbalance

In the medical field, the solution for hormonal imbalance is **Hormone Replacement Therapy (HRT)**, but is it suitable as a long-term treatment?



When you are looking for solutions



You will tend to get this suggestions

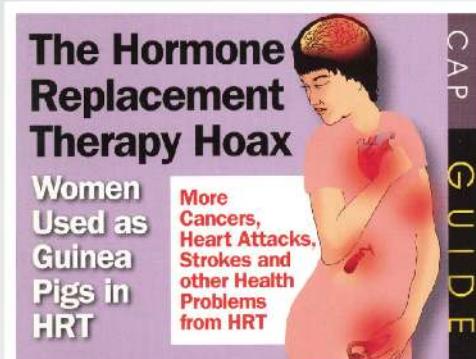
## HORMONE REPLACEMENT THERAPY (HRT)

Is HRT suitable as a  
long-term treatment?

## Hormone Replacement Therapy (HRT) Facts

**The Consumers Association  
of Penang**

## HORMONES FROM PLANTS



and as a way to improve women's sex life and make them more beautiful.

Now here's the bombshell: Women on HRT can end up with **breast cancer and heart disease**—diseases that HRT is supposed to prevent!

Yet, for more than 30 years, these and other side effects of HRT have been glossed over while HRT is promoted as the saviour of women from the clutches of wrinkly old age.

### Cancer from HRT

In December 2002, the US Government officially classified steroid estrogens, a group of hormones used in hormone replacement therapy as "known" human carcinogens. This is a sure (ie certain) class of carcinogenic substances, which studies on humans have confirmed can be carcinogenic.

This information is listed in the US National Toxicology Program's latest *10th Report on Carcinogens*, which is used by policy makers to

women from heart disease later.

Certain foods may trigger hot flashes, mood swings, vaginal discomforts, and other menopausal symptoms. These culprits include sugar, caffeine, alcohol, refined foods and spicy foods.

Here's a useful checklist.

### PICK phytoestrogens

Phytoestrogens are naturally occurring plant compounds similar in their structure and function to the estradiol produced by the ovaries

Estrogen is a female hormone consisting of estrone, estradiol and etc. Estradiol is the most important hormone during a woman's reproductive years.

Estrogen is secreted by the ovaries, adrenal glands, breasts as well as liver. During pregnancy, the placenta also secretes estrogen in huge quantities. The male testes also secrete estrogen but only in small quantities.

$\beta$ -estradiol is the primary estrogen secretion by the ovaries compared to other forms of estrogen secretions.

## BALANCE OF FEMALE HORMONES

# Estrogen

It Is Likened To A Woman's Second Life



and to relieve

menopausal symptoms

is by taking phytoestrogens

breast cancer

to prevent

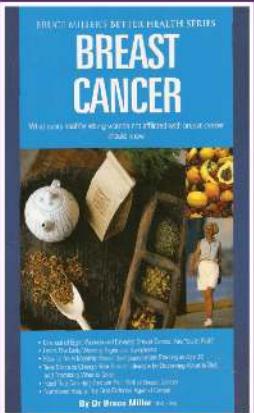
his book that the best solution to prevent

Dr. Bruce Miller has written in his book that the best solution to prevent breast cancer and to relieve

# An American doctor by the name of DR. BRUCE MILLER has written a book

on diseases that afflict women

## Breast cancer (High levels of Estrogen)



### Supplements and Breast Cancer

#### SOY PROTEINS

Soy protein contains some "estrogen like" plant chemicals known as phytoestrogens or "plant estrogens." These are also called isoflavones. Isoflavones, a weak estrogen in soy, can compete with strong estrogen receptors and block the powerful body estrogen from hooking up to the breast receptors. If there are a lot of isoflavones present, they'll fill the receptors instead, thus preventing body estrogen from preparing the breast tissue for growth and thus a cancerous cell. As an antioxidant, it prevents excess estrogen substances from doing damage.

Soy protein is unique in that it's the only plant to contain two of the most important isoflavones, namely genistein and daidzein. They provide many of the benefits of estrogen without the side effects.

Populations consuming high soy don't have up to 80 percent less breast cancer than those who do not consume soy. When people from those countries begin to consume American diets, the cancer rate quickly increases. The evidence is solid. Between 1994 and 1996 there are nearly 2000 published articles on the subject. One researcher looked at a large number of good studies of soy isoflavones and listed in the prestigious *Journal of Nutrition*, "This report is a review of results that suggest that the isoflavones in soy are natural cancer protective compounds."

Sources: Kino, 1991; soy milk, tea, tempeh and supplement with a good protein concentrate.

#### BLACK COHOSH

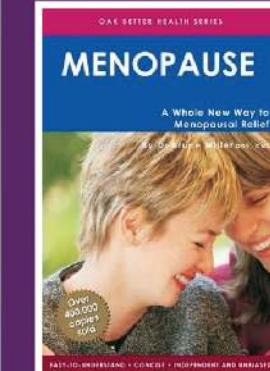
This herb has been used for menopausal symptoms for several decades. In Germany it is recognized as an alternative to hormone replacement therapy. Since it works about as well as estrogen in menopause but without the side effects... the question was raised about its breast prevention capabilities.

In January 1999, at the 23rd International Symposium on Phytoestrogens this verdict was given. Black Cohosh actually inhibits estrogen in its ability to cause cancer cells to multiply so rapidly. This is yet another weapon in our arsenal against breast cancer.

#### MILK THISTLE AND DANDELION

The liver plays a significant part in deactivating estrogen and prevents excessive estrogen from accumulating in the blood. The two herbs work synergistically to support liver function.

## Menopause (Estrogen deficiency)



Phytoestrogen extracted from various plants and natural herbs are similar to female hormone. Two of the most important are Flavonoids and Lignans. The studies found that phytoestrogen is able to improve menopause symptoms, balance hormones, lowers the risk of breast cancer, heart disease and osteoporosis.

# PHYTOESTROGENS

# Phytoestrogens

## Pueraria Mirifica

- Pueraria mirifica contains miroestrol and deoxymiroestrol that are able to promote **breast blood circulation**, increase their size and also increase the production of fibroblast and collagen in the breasts. Women who have consumed pueraria mirifica have reported an increase in their breast size. Other benefits include breast firmness, lighter areolas and smoother skin on the breasts.
- The structural role of miroestrol and deoxymiroestrol is similar to human estrogen. It can relieve the symptoms for a woman experiencing **menopause**.
- It can also reactivate unhealthy cells, promote protein synthesis and make the skin brighter and more elastic.



## Fennel Seed

- Stimulates the neurovascular gastrointestinal tract, promotes secretion of digestive juice, increases gastrointestinal motility, removes gas accumulated in the body and maintain the health of the stomach and improves blood circulation of the body.
- Relieves **menstrual pain**.



## Halba (Fenugreek)

- Encourages **breast growth**, relieves menopausal symptoms and pre-menstrual syndrome (PMS).
- Helps relieve constipation, improves digestive problems, controls diabetes, reduces cholesterol levels and relieves sore throats and coughs.



## Blessed Thistle

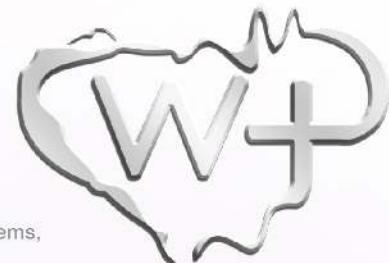
- Prevents damage to the liver, forms a protective membrane around the liver and blocks toxins from damaging it.
- Regulates the menstrual cycle** for women who experience irregular periods.

## Dandelion

- Dandelion root plays an important role in the **production of sufficient milk postpartum**. It has anti-inflammatory and anti-virus properties and is very effective in treating **mastitis**. It also helps urination and purifies the blood.

## Wild Yam

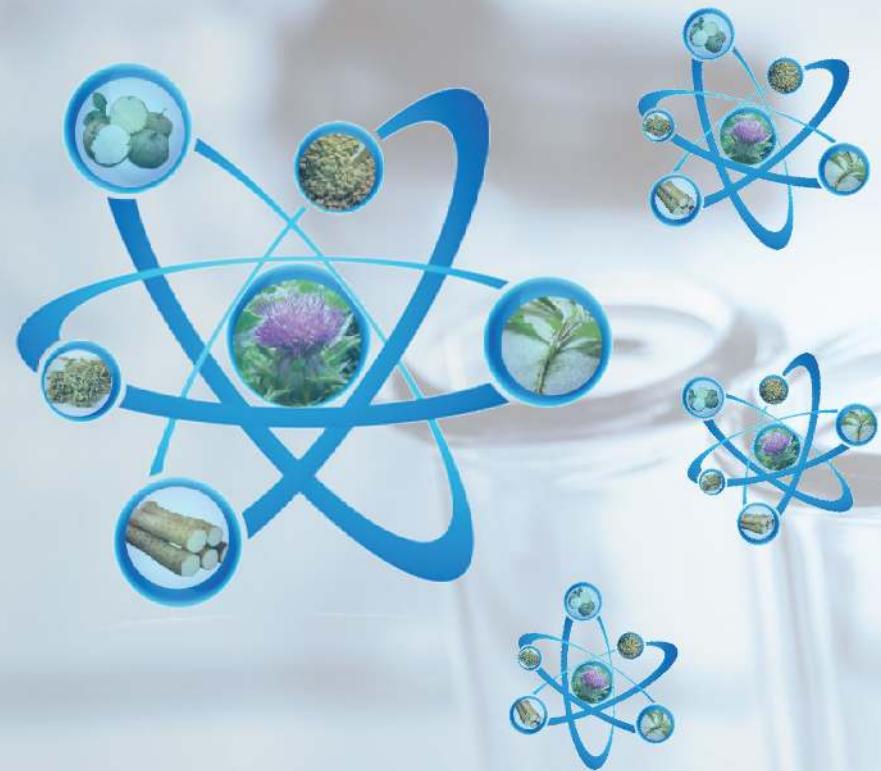
- Improves **skin moisture**, making the skin smoother and more elastic.
- Called the "source of youth" in Japan. It can slow the aging process and make the skin smooth and radiant.
- Effectively prevents precipitation of lipids in the blood vessel wall and also prevents cardiovascular diseases.



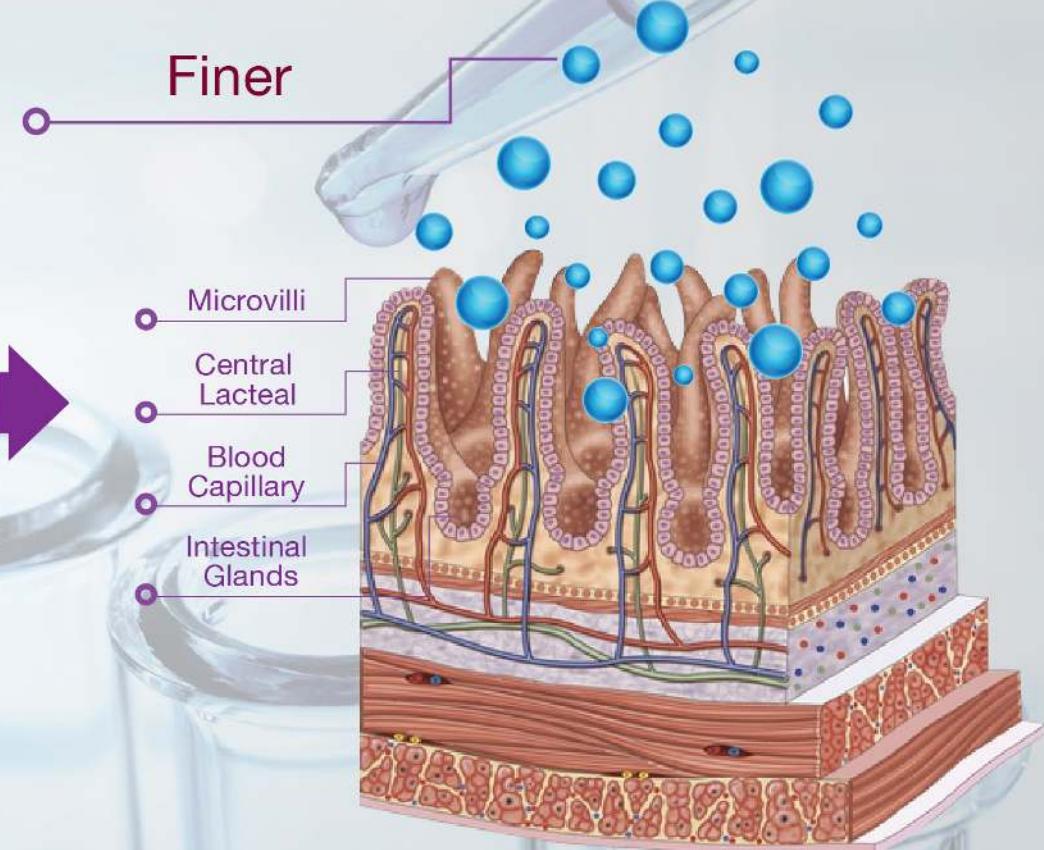
MMNT is used on this product to improve its functionality and refine the products' molecular clusters so that the body absorbs them more easily.

# MMNT

## Improved Product Effectiveness



## Improved Product Effectiveness



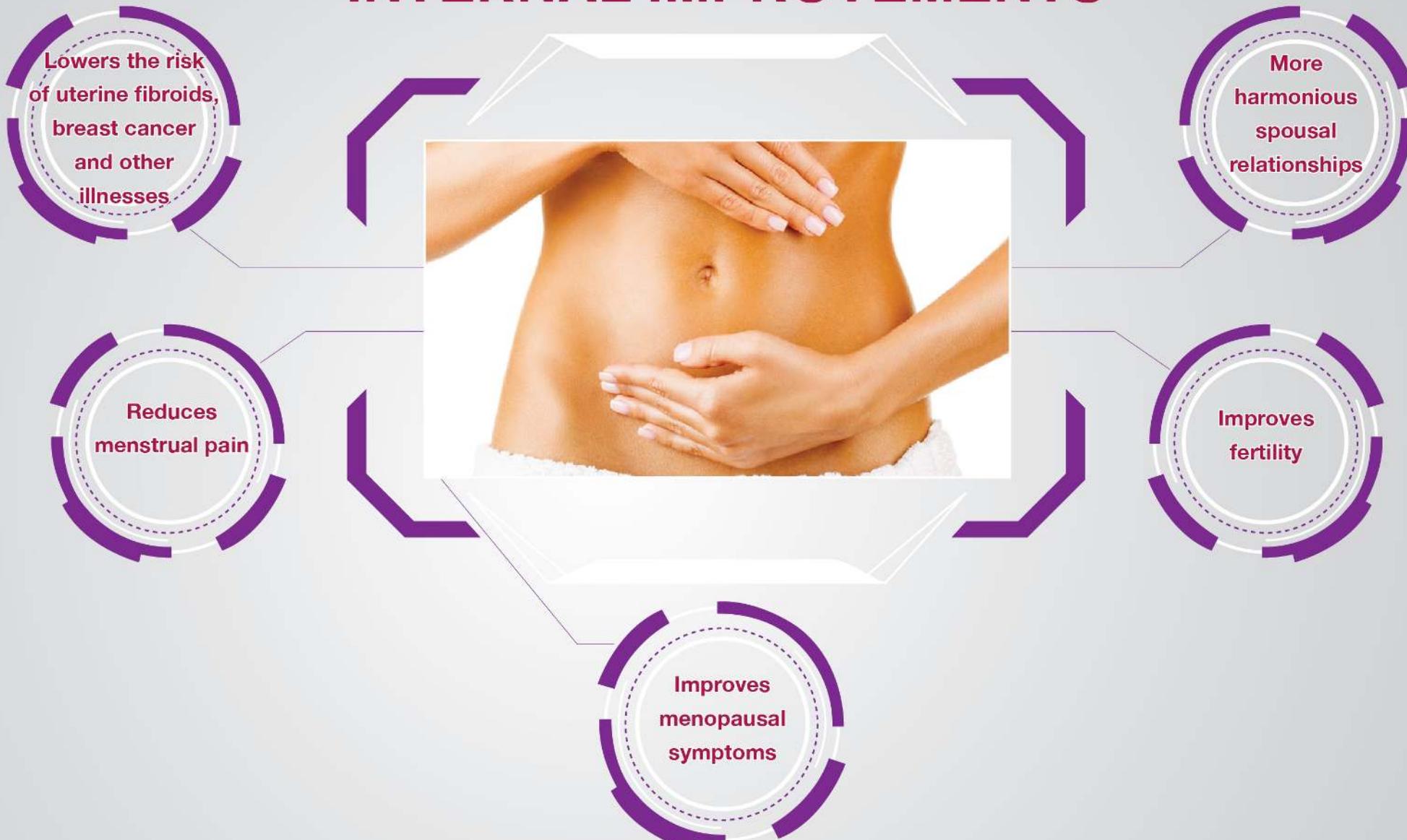
Structures of the Intestines

With long-term use of W+, women will go through a lot of **physical changes** such as the **fading of freckles and dark spots** and **fuller and firmer breasts**. Aside from that, they will be able to attain a **slender and attractive body** with **fairer and smoother skin** on top of that, they will have **healthier and shinier hair**, **firmer posterior** and **smoother heels**.

# PHYSICAL CHANGES



## INTERNAL IMPROVEMENTS



Starting from the **first day** of menstruation **up to the tenth day**, take two packets a day, one in the morning and one at night.

For **menopausal women**, take one packet daily. **Pregnant women do not need W+** because the body releases estrogen to protect the fetus; therefore, consuming W+ will be a waste, as it will be excreted.

# ESTROGEN LEVELS

**2 packets daily  
(morning and night)**



**For 10 days**

**The First Day**

**Menstruation**

